

## St Clare's Abbey Nursery Newsletter <u>June 2024</u>



Welcome to our June newsletter!

We cannot believe that we are into the final month of Nursery 2023/2024. This year has just flown by!

We are delighted to invite you to Sports Day on 14th June and Graduation on 21st June. If you are unable to attend Graduation, please let us know.

Home Learning Bags are now finished for this year. Thank you for getting so involved in your child's learning. We loved seeing all the photos and videos of your children enjoying learning at home. Many thanks for your participation.

Many thanks for your support throughout the year, Mrs Gallagher, Mrs Dineen, Miss Aggie, Mrs Edita and Miss O'Hanlon.

#### Save the Date!

Nursery Sports Day – 14<sup>th</sup>
June 2024

Morning Class: 9.30pm-10.30pm

Afternoon Class: 12.30pm 1.30pm

Last Day of Nursery 2024 and Nursery Graduation – 21st June 2024

Children to arrive at normal start time, 9am and 12.30pm.

We will ask parents to remain outside until all children are seated.

Garden Party to follow, including ice cream for Nursery Graduate. Ice cream tokens will be in Nursery child's gift bag.



### St. Clare's Abbey Primary 1 Induction

Wednesday 26<sup>th</sup> June at 1.15pm in School Assembly Hall.

During this session you will find out the name of your child's new teacher, as well as the date for a meeting with your child's new teacher and your child's start date.

Wishing all of you a wonderful new year, in whichever school your child will be attending in September.

# Some of the learning we will be exploring during this month (and the coming months):

- Zipping up our coats independently.
- Pouring our own drinks.
- Buttering our own snacks.
- Recognising numbers to 5 and beyond.
- Counting objects by moving them.
- Beginning to represent numbers using fingers, marks on paper or pictures.
- Recognising everyday shapes

   square, rectangle, triangle
   and circle.
- Using scissors accurately and safely.
- Developing our pencil grip.
- Developing our cross-lateral and proprioceptive skills.
- Beginning to form some letters.
- Recognising our name and the names of some of our family and friends.
- Writing our own name with help.
- Reciting familiar songs.



### Movement of the Month Vestibular



This month we are focusing on developing our vestibular sense. Your vestibular system is a network of parts in your inner ear, that contribute to your sense of balance and coordination. The vestibular receptors in your inner ear get activated anytime your head moves in relation to gravity.

Anytime your head tilts to the side, goes upside down, or spins, the vestibular system helps you process this information, so that your body can make a response (e.g. sit up straight, move slower, etc) if needed.

This vestibular sensory input controls much of our physical function, including:

- Posture
- Balance
- Movement
- Coordination
- Ability to pay attention
- Behaviour and impulsivity
- Visual Tracking (required for reading and writing)

### Suggested Activities For Outside of School:

- Hopping
- Skipping
- Going on a swing, seesaw or monkey bars
- Dancing
- Bouncing on a trampoline or space hopper
- Rolling
- Gymnastics

### Thought for the Month

"Do small things with great love." St. Mother Teresa