



St Vincent de Paul Dinner Menu 2021-22



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 01/09/21 27/09/21 01/11/21 29/11/21	Sausages or Pasta Bake Garlic Bread Beans, Sweetcorn Salad or Mashed Potatoes Ice Cream, Mandarins and Chocolate Sauce	Homemade Chicken Goujons Dipping Sauces OR Spicy Chicken Fajita Garden peas, Mashed Potato or Salad Swiss Roll and Custard	Roast Loin of Pork Apple sauce, Stuffing, carrots, broccoli Roast Potato and Mashed Potato Gravy Yoghurt and Pineapple	Chicken Curry and boiled rice, naan bread OR Cottage Pie, carrots and green beans, mashed potato and gravy Carrot cake and custard	Margherita Pizza or salmon bites, sweetcorn, crunchy coleslaw, tossed salad and chips or chilli baby boil potatoes Melon boat with yoghurt
Week 2 06/09/21 04/10/21 8/11/21 06/12/21	Spaghetti Bolognese with cheese, sliced crusty bread OR Steak burger, salad, carrots, mashed potato Rice pudding and peaches	Chicken Curry and boiled rice, Naan bread or Italian Lasagne, crunchy coleslaw, garden peas, selection of salads, garlic bread Homemade shortbread and water melon	Fresh breaded Cod Goujons, tartar sauce OR Spicy Chicken Noodles, peas, salad and mashed potato Apple crumble and Custard	Roast chicken, herb stuffing, cauliflower cheese, carrots, parsnips, Roast and mashed potato and gravy Rice Krispie square and Custard	Breaded Chicken bites OR Spicy chicken wrap Selection of salads, salsa dip, sweetcorn, chips or baked potato Jelly and Ice Cream with fruit salad
Week 3 13/09/21 11/10/21 15/11/21 13/12/21	Savoury Mince and Onion OR Chicken Stir Fry with wholemeal pitta bread, salad, broccoli and mashed potato Chocolate and orange sponge and custard	Chicken Curry with boiled rice, Naan bread OR Chicken fillet burger, sweetcorn, tossed salad and homemade wedges Yoghurt and pineapple	Cod Fish fingers OR Spanish meatballs with spaghetti, beans, sweetcorn, peas and mashed potato Swiss Roll and custard	Roast Loin of Pork, stuffing, carrots, parsnips, savoy cabbage, roast potato and mashed potato Popcorn cookie and water melon	Hotdog, sauté onions OR Bang Bang Chicken with ciabatta bread, garlic dip, peas, selection of salads, chips or baby boiled potatoes Ice Cream and fresh fruit salad
Week 4 20/09/21 18/10/21 22/11/21 20/12/21	Chicken Curry with boiled rice, naan bread OR Sausages, beans, peas, gravy and mashed potato Jam and Coconut Sponge and Custard	Irish Stew with wheaten bread OR Chicken and Tomato Pasta Bake, salad, sweetcorn and mashed potato Chocolate brownie and orange wedge	Roast chicken, herb stuffing, cauliflower cheese, carrots, parsnips, Roast and mashed potato and gravy Strawberry Mousse and Fresh fruit salad	Spaghetti Bolognese with Crusty bread OR Fresh breaded Cod fillets, lemon slice, tartar sauce, peas, selection of salads, champ Flake meal Biscuit and fruit Salad	Margherita Pizza OR Salt and Chilli Chicken with boiled rice, crunchy coleslaw, salad and chips Artic Roll and fruit

Breads, milk, water, fresh fruit available daily, Salad Selection, rice salad, coleslaw, sweet chilli pasta, Lettuce, cherry tomato, grated carrots, cucumber, diced red onions, radish and beetroot