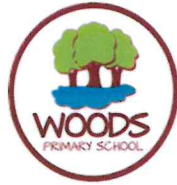


PERIOD DIGNITY and MENSTRUAL WELLBEING



Dear Parent,

I write to let you know about the availability of period products in our school, as part of the Period Dignity initiative. Period Dignity refers to the accessibility and availability of essential care needed to support a period, along with the removal/breaking of stigma and taboo around periods. You may have seen / heard this issue being discussed in the media recently.

Education is a key factor in breaking the stigma surrounding periods and promoting respect, understanding and open discussions about what people may experience when menstruating.

The pilot scheme aims to promote period dignity and tackle period poverty. The free products are not aimed at providing a blanket provision, but the scheme aims to ensure products are available to those who need them, where and when they need them.

In Woods Primary School, we are providing free period products in the following areas of the school:

- The cupboards in the disabled adult toilets

I am the nominated Period Dignity Contact within the school. Please have a conversation with your daughter about this scheme and alert them to where they can access the free period supplies in school. Please contact me if this is relevant for your child so that I can support them and discuss the related routines/provisions with them.

Thank you for your support in this important matter.



Mrs K White
Principal