

Year 8 Tracking 3 revision list

1. Food preparation methods
2. Safe use of equipment
3. Cooking methods
4. Cooking equipment
5. Cooking safety rules
6. Types of scale
7. Be able to read a recipe and identify equipment
8. Skills when cooking
9. Learn granola recipe
10. Eat well guide colours (can be found on revision tab on website) you need these colours with you
11. Parts of the cooker you would cook on and what type of things you would cook
12. How to safely use a grater

