

Ebrington PS Menu -Autumn term '21



**school
food**

Try Something New today

www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and water
are available daily.**

**If you require any additional
information on allergens or
special diet please contact
the school in the first
instance**



Try Something New today

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 30th Aug 27th Sept 1st Nov 29th Nov	Spaghetti Bolognese or Mac 'n' cheese and Ice cream with fruit/fruit pot	Roast chicken/ Veg. sausage, carrots, mashed & roast potato, stuffing & gravy and Decorated sponge/ fruit pot	Oven baked chicken goujons Chips & beans or Cheese panini and Chocolate cake/fruit pot	Roast gammon / Vegetarian burger broccoli mashed & roast potatoes, stuffing & gravy. and Flakemeal bisc/fruit pot	Oven baked fish, peas & mashed potatoes and Rice krispie square/fruit pot
Week Two 6th Sept 4th Oct 8th Nov 6th Dec	Oven baked chicken burger & bap, Diced potatoes or Tomato & basil pasta and Dec shortbread/ fruit pot	Roast gammon/ Vegetarian sausage peas mashed & roast potatoes, stuffing & gravy and Frozen yoghurt/fruit pot	Margherita pizza & chips and Chocolate cracknel/fruit pot	Roast chicken / Veg. savoury mince sweetcorn mashed & roast potatoes, stuffing & gravy and Iced sponge/fruit pot	Oven baked sausage / Oven baked breaded fish beans & mashed potatoes and Jelly&cream/fruit pot
Week Three 13th Sept 11th Oct 15th Nov 13th Dec	Spaghetti Bolognese or Mac 'n' cheese and Ice cream with fruit/fruit pot	Roast chicken/ Veg. sausage, carrots, mashed & roast potato, stuffing & gravy and Decorated sponge/ fruit pot	Oven baked chicken goujons Chips & beans or Cheese panini and Chocolate cake/fruit pot	Roast gammon / Vegetarian burger broccoli mashed & roast potatoes, stuffing & gravy. and Flakemeal bisc/fruit pot	Oven baked fish, peas & mashed potatoes and Rice krispie square/fruit pot
Week Four 20th Sept 18th Oct 22nd Nov 20th Dec	Oven baked chicken burger & bap, Diced potatoes or Tomato & basil pasta and Dec shortbread/ fruit pot	Roast gammon/ Vegetarian sausage peas mashed & roast potatoes, stuffing & gravy and Frozen yoghurt/fruit pot	Margherita pizza & chips and Chocolate cracknel/fruit pot	Roast chicken / Veg. savoury mince sweetcorn mashed & roast potatoes, stuffing & gravy and Iced sponge/fruit pot	Oven baked sausage / Oven baked breaded fish beans & mashed potatoes and Jelly&cream/fruit pot