



Extended Schools Newsletter
St Catherine's Primary School
Term One 2024 2025



After School
Clubs



This year in St Catherine's we continue have some exciting and wonderful after school clubs planned for our school. Funding has been delayed coming through from the Department of Education so we still do not have our budget yet, however we will proceed with as many clubs as we can while waiting for the exact funding amount. These clubs will be planned for all year groups from Primary 1- Primary 7 throughout the year.

Every term there will be a newsletter sent out that will detail the exact clubs that will run for that term and what year groups they are available for.

Our aim is to provide quality after school's activities for all our pupils in every year group. We feel that our younger pupils from Year 1 and Year 2 benefit most from a period of settling in during the first term. We aim to facilitate quality after school's activities for these year groups during term two. Keep an eye out for our Extended Schools newsletter at the beginning of term two for all the information regarding after school's activities for our younger pupils !

We really do hope to see all the children take advantage of these fantastic after school's clubs throughout the year.

In Term 1 the clubs are;

- **Breakfast Club – Monday to Friday ...8.15am – 8.45am on both sites.**
- **Family Club – Years 1 and 2 Monday – Thursday ...2.15 – 3.00pm.**
 - **Year 2 begin Monday 9th September.**
 - **Year 1 begin Monday 23rd September**
- **Soccer Club for Years 7,6 and 5 Boys (Thursdays 3pm-4pm Senior Site) beginning – Monday 14th October Please see rota attached.**
- **Netball Club for Years 7,6 and 5 Girls (Mondays 3pm-4pm Senior Site) beginning – Thursday 17th October..... Please see rota attached.**
- **Mindfulness (RelaxKids) for Year 6 – during school**
- **Booster Club (Literacy and Numeracy) for Year 7 – Monday 9th Sept – Monday 14th October (6 weeks)**
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- **Rugbytots**

- **Year 2A** (Thursday 12th September – Thursday 3rd October INCLUSIVE)
2.15pm-3pm 4 week block
- **Year 4A** (Thursday 12th September – Thursday 3rd October INCLUSIVE) – 3-4pm (Junior Site) – 4 week block
- **Year 2B** (Thursday 10th October – Thursday 7th November INCLUSIVE)
2.15pm-3pm 4 week block
- **Year 4B** (Thursday 10th October – Thursday 7th November INCLUSIVE) 3-4pm (Junior Site) – 4 week block
- **Year 1A** (Thursday 14th November – Thursday 5th December INCLUSIVE)
2.15pm-3pm 4 week block
- **Year 3A** (Thursday 14th November – Thursday 5th December INCLUSIVE) 3-4pm (Junior Site) – 4 week block
- **Year 1B** (Thursday 12th December – Thursday 26th January INCLUSIVE)
2.15pm-3pm 4 week block
- **Year 3B** (Thursday 12th December – Thursday 26th January INCLUSIVE) 3-4pm (Junior Site) – 4 week block

Neurodiverse Football

- Specialist Provision Classes (Learning Centre and Autism and Social Communication Class Junior School and Learning Centre Senior School) This is a pilot programme and will happen during the school day every Monday. We will keep you informed as to its success!

Ryan Mc Bride Football Coaching

- Year 3 and 4 Term 1 and 2
Year 3A 17-9-24 until 22-10-24/ Year 3B 5-11-24 until 17-12-24
Year 4 will be planned for in Term 2

Attached to this newsletter is each club's permission slip. The permission slips detail the exact date the club starts and the length of time that they run for. If you wish your child to take part in any of these clubs please fill in the permission slip and return it to the school.

Thank you for your continued support

Mrs B Wilders

Principal

Years 7 and 6 Boys and Girls Soccer/Netball Club

Soccer/Netball club will run for Years 6 and 7 boys and girls beginning Monday 14th October for 6 weeks for each year group. This club will be run by Mr M. Gormley and will take place on the Senior Site.

This is a fun and worthwhile club, where the children will learn and develop new skills and take part in exercise.

Please note, pupils should come to school dressed in P.E gear on the days that they are taking part in the club.

| Year Group | MONDAY Boys Senior School | THURSDAY Girls Senior School |
|-------------------|--------------------------------------|---|
| Year 7 | | |
| Week 1 | 14-10-24 | 17-10-24 |
| 2 | 21-10-24 | 24-10-24 |
| 3 | 04-11-24 | 07-11-24 |
| 4 | 11-11-24 | 14-11-24 |
| 5 | 18-11-24 | 21-11-24 |
| 6 | 25-11-24 | 28-11-24 |
| Year 6 | | |
| Week 1 | 02-12-24 | 05-12-24 |
| 2 | 09-12-24 | 12-12-24 |
| 3 | 13-01-25 | 16-01-25 |
| 4 | 20-01-25 | 23-01-25 |
| 5 | 27-01-25 | 30-01-25 |
| 6 | 03-02-25 | 06-02-25 |

Years 6, 7 Boys and Girls Soccer/ Netball Club

I would like/ not like my child to gain a place in the Soccer and Netball club. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/Guardian of :.....

Class:.....

Please let us know which class your child is in by putting a circle around it below

Year 6a class Mrs B Daly

Year 6b class Mrs S O Kane

Year 7a class Mrs C Gillespie

Year 7b class Mrs C Deery

Year 7 Literacy/Numeracy Booster Club

Literacy/Numeracy Booster Club will begin for Year 7 on Monday 9th September for 6 weeks. This club will be run from 3.00pm – 4.00 pm. This club will be facilitated by Mrs C. Deery and Mrs. C. Gillespie . It is a wonderful and worthwhile after school club, where the children have the opportunity to consolidate learning and improve their literacy and numeracy skills. We really hope this club will be of benefit for your child.

Year 7 Literacy/Numeracy Booster Club

I would like / not like my child to gain a place in the Literacy/Numeracy Booster Club starting on Monday 9th September . I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 7a class Mrs C Gillespie

Year 7b class Mrs B Daly

Year 6 RelaxKids Mindfulness

Mindfulness sessions will be available for Year 6 children in Term 1 (dates to be confirmed). This club will be facilitated during class time.

The benefits of mindfulness for children include..

- Strengthening of self control
- Lowers anxiety and stress
- Increases positive moods
- Better decision making
- Improves emotional regulation skills
- Increases self esteem
- Improves social skills and communication

We really hope this club will be of benefit for your child.

I would like / not like my child to gain a place in RelaxKids Mindfulness sessions.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 6a class Mrs B Daly

Year 6b class Mrs S O Kane

Year 3 A Ryan Mc Bride Foundation Soccer After School Club

We are delighted to welcome coaches from the Ryan Mc Bride Soccer Foundation to take after school soccer for our Year 3 and 4 Pupils this year. There will be inschool coaching and after school coaching. The After school coaching begins on TUESDAY 17th September for Year 3A for 6 weeks until Tuesday 22nd October inclusive from 3pm-4pm in the Junior School Site.

Year 3A Ryan Mc Bride Soccer Club

I would like / not like my Year 3A child to gain a place in the Ryan Mc Bride Soccer Club starting on Tuesday 17th September for YEAR 3A PUPILS and the last session will be on Tuesday 22nd October. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 3 A Miss M Maguire

Year 3 B Ryan Mc Bride Foundation Soccer After School Club

We are delighted to welcome coaches from the Ryan Mc Bride Soccer Foundation to take after school soccer for our Year 3 and 4 Pupils this year. There will be inschool coaching and after school coaching. The After school coaching begins on TUESDAY 5th November for Year 3B for 6 weeks until Tuesday 17th December inclusive from 3pm-4pm in the Junior School Site.

Year 3B Ryan Mc Bride Soccer Club

I would like / not like my Year 3A child to gain a place in the Ryan Mc Bride Soccer Club starting on Tuesday 17th September for YEAR 3A PUPILS and the last session will be on Tuesday 22nd October. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 3 B Mrs Vaughan / Mrs Downey

Year 4A 'RugbyTots'

'RugbyTots' will begin for **Year 4A on Thursday 12th September (For 4 weeks) until Thursday 3rd October inclusive from 3pm-4pm** on the Junior site. The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

These fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

Our motto is simple; "make it more fun". We do this by delivering our specifically designed programme for each age group with energy, enthusiasm and excitement. This creates an atmosphere in the class that is totally unique and engaging for parents and children alike."

"Be prepared to run across the jungle, wade through the quick sand or sprint through Rugbytots Valley avoiding all the smoking boulders. Get ready to protect your egg, launch a missile or attack the pirates and seize the ship, all this of course, whilst trying to avoid the evil side lines!"

Year 4A RugbytotsClub

I would like / not like my Year 4A child to gain a place in the Rugbytots Club starting on Thursday 12th September for YEAR 4A PUPILS and the last session will be on Thursday 3rd October. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 4 A Mr J Wade

Year 4B 'RugbyTots'

'RugbyTots' will begin for **Year 4B on Thursday 10th October (For 4 weeks) until Thursday 7th November inclusive from 3pm-4pm** on the Junior site. The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

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Year 4B RugbytotsClub

I would like / not like my Year 4B child to gain a place in the Rugbytots Club starting on Thursday 10th October for YEAR 4B PUPILS from 3pm-4pm and the last session will be on Thursday 7th November . I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 4 B Miss Z Mc Dermott / Mrs A King

Year 2A ‘RugbyTots’

‘RugbyTots’ will begin for **Year 2A on Thursday 12th September (For 4 weeks) until Thursday 3rd October from 2.15pm-3pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

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Year 2A Rugbytots Club

I would like / not like my Year 2A child to gain a place in the Rugbytots Club starting on Thursday 12th September for YEAR 2A PUPILS from 2.15pm-3pm and the last session will be on Thursday 3rd October from 2.15pm-3pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 2a class Mrs A.M. Mc Glynn

Year 2B 'RugbyTots'

'RugbyTots' will begin for **Year 2B on Thursday 10th October (For 4 weeks) until Thursday 7th November from 2.15pm-3pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

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Year 2B Rugbytots Club

I would like / not like my Year 2B child to gain a place in the Rugbytots Club starting on Thursday 10th October for YEAR 2B PUPILS from 2.15pm-3pm and the last session will be on Thursday 7th November from 2.15pm-3pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 2b class Ms Y Mc Gowan

Year 1A 'RugbyTots'

'RugbyTots' will begin for **Year 1A on Thursday 14th November (For 4 weeks) until Thursday 5th December inclusive from 2.15pm-3pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

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Year 1A Rugbytots Club

I would like / not like my Year 1A child to gain a place in the Rugbytots Club starting on Thursday 14th November for YEAR 1A PUPILS from 2.15pm-3pm and the last session will be on Thursday 5th December from 2.15pm-3pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 1a class Mrs D Doherty

Year 3A 'RugbyTots'

'RugbyTots' will begin for **Year 3A on Thursday 14th November (For 4 weeks) until Thursday 5th December inclusive from 3pm-4pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

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Year 3A Rugbytots Club

I would like / not like my Year 3A child to gain a place in the Rugbytots Club starting on Thursday 14th November for YEAR 3A PUPILS from 3pm-4pm and the last session will be on Thursday 5th December from 3pm-4pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 3a class Miss M Maguire

Year 1B 'RugbyTots'

'RugbyTots' will begin for **Year 1B on Thursday 12th December (For 4 weeks) until Thursday 26th January 2025 inclusive from 2.15pm-3pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

These fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

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Year 1B Rugbytots Club

I would like / not like my Year 1B child to gain a place in the Rugbytots Club starting on Thursday 12th December for YEAR 1B PUPILS from 2.15pm-3pm and the last session will be on Thursday 26th January inclusive from 2.15pm-3pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 1b class Miss C Hutton

Year 3B 'RugbyTots'

'RugbyTots' will begin for **Year 3B on Thursday 12th December (For 4 weeks) until Thursday 26th January 2025 inclusive from 3pm-4pm** The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

These fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

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Year 3B Rugbytots Club

I would like / not like my Year 3B child to gain a place in the Rugbytots Club starting on Thursday 12th December for YEAR 3B PUPILS from 3pm-4pm and the last session will be on Thursday 26th January inclusive from 3pm-4pm. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Year 3b class Mrs S Vaughan / Mrs L Downey

