



Dear Parent

Neuro Diverse Football Club (NDFC) has been established by Thomas Walsh to provide children of all ages and abilities an opportunity to develop their social, emotional and physical skills through the platform of football. NDFC is a club open to ALL but with special considerations made for children who are either waiting on assessment or have been diagnosed with a neuro divergent need.

I developed a specific interest in this field when my son started to show signs of having Autism and ADHD. Very quickly I have seen the difficulties children and parents face in gaining access to the same opportunities as other children and how help is needed to those who are able to offer the best support possible. We are passionate about creating a safe space for **ALL** children that are Neuro typical or Neuro diverse to be a part of as well as developing a community of inclusivity and support for the families, as we support them on their own unique and exciting individual journeys.

Our aim is to provide as many opportunities as possible for children and young people to develop the courage to be their authentic selves as well as helping them developing core skills such as:

Developing concentration and maintaining focus

Completing tasks

Relationship building and teamwork

Core Social skills such communication, confidence and emotional control

ND Skills weekly skills centres (football sessions) where sessions are provided for children between 5 and 12. Skills centre sessions take place every Monday evening in Strabane at the Fountain Street Community Centre with our next block beginning **Monday 4th November**.

Sessions times are as follows:

4-4:45pm – 5- to 8-year-olds

5-5:45pm – 8 to 12 year olds

You can find the sessions via the following link <https://neuro-diverse-fc.classforkids.io>

For any information, please contact me directly by emailing Thomas.walsh@neurodiversefc.com or follow our social platforms. Neuro.Diverse.FC on Facebook or NDFC.2024 on Instagram

Many Thanks

Tommy

NDFC