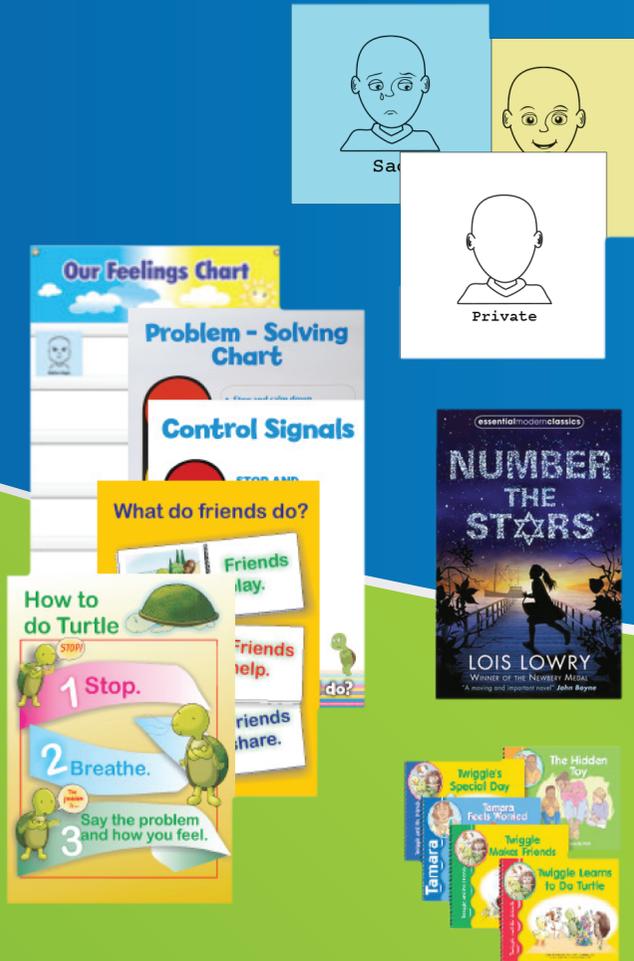


# Resources

All resources are age-appropriate, colourful and very child-friendly, Both children and teachers will love them!

Here are just a few...



# Barnardo's - What do we do?

Barnardo's will support your school to effectively implement the programme to ensure the best possible outcomes for your children and the wider school community, planning to sustainability – Technical Assistance will include:-

- Planning
- Training and implementation
- Skills development
- Quality assurance
- Sustainability

Every region has a PATHS® Coach. Their role is to support the school in the implementation of the PATHS® Curriculum, ensuring that the PATHS® concepts and values are embedded inside the classroom and beyond.

They provide:

- One-to-one planning and guidance
- In-class support
- Support in curriculum alignment and development
- Support in developing effective teaching strategies
- Introduction of extension activities
- Training of ancillary staff

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## PATHS®

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# What is PATHS®?



# PATHS®

The PATHS® Programme for Schools (UK Version)  
Promoting Alternative Thinking Strategies



## What is PATHS®?

Funded by Atlantic Philanthropy and Big Lottery, PATHS® and PATHS® Plus aim to:

- Prevent young people from taking pathways into offending;
- Build the evidence base of 'what works';
- Replicate what works in new geographical areas;
- Ensure the long-term sustainability of PATHS® across the UK

**PATHS® is a universal evidence-based programme delivered in primary schools by classroom teachers. PATHS® Plus is a combination of PATHS® and a targeted programme called Friendship Group. Both programmes are being delivered across the UK by Barnardo's NI.**

**PATHS® – Universal SEL  
Friendship Group – Targeted SEL**

## What is Friendship Group?

A social skill training programme that offers targeted children a little extra support in developing fundamental social skills

Delivered by a trained Friendship Group Leader, supported by a co-leader identified by individual schools.

Suitable for Years 3-6, 45 minute sessions, once a week.

Focuses on teamwork, cooperation and communication skills, fair play, negotiation skills, and effective conflict management.

## Promoting Alternative Thinking Strategies

PATHS® is a social-emotional learning curriculum that focuses on teaching children improved thinking skills, responsible decision making and behaving, as well as helping children achieve overall academic success.

## Studies Show PATHS® WORKS!!!



## How does it differ from existing products?

- It is proven to work!!
- Child friendly, age appropriate resources are provided
- Lessons provided are scripted for easy delivery and to ensure fidelity to the programme
- Takes on a whole-school approach
- There is clear progression throughout the year groups/key stages
- There are clear links to PSE and other subjects across the curriculum.

## KEY STRATEGIES

### Rules

Children are taught the purpose and importance of rules.

### Compliments

Children are taught what a compliment is, why they should pay compliments, how to pay and receive compliments and how they make people feel. Pupil of the Day concept introduces regular complimenting within the classroom.

### Calming Down and Self-Control

Children are taught a variety of calming down techniques including 'Doing Turtle' and using the Control Signals poster.

### Feelings

Children are taught that all feelings are OK (behaviours are OK or NOT OK). Through Feelings lessons and the use of Feelings Cards and dictionaries, children develop a better understanding of how to label and recognise their own emotions and those of others.

### Manners and Fair Play

Lessons teach children the importance of manners and fair play.

### Problem-solving

Children learn how to identify and deal with any problems that they may face. Progression through the year groups enables children to work up to using an 11 step problem-solving technique.