



## SCHOOL CARPARK

Parents and visitors to school are welcome to use the Carpark facilities in our grounds. However, it is up to all adults to ensure the safety and care of our pupils and is paramount. For this reason, we ask everyone to adhere to the following:

- Speed limit of **5 MPH** (should be strictly adhered to)
- Vehicles should not be parked on pavements or access points at any time
- All drivers must observe the one-way system
- Please do not park across the zebra crossings
- Drivers must exercise caution at all times when in school grounds
- Pedestrians should use the designated crossing areas & pathways
- Parents should get out of their car to collect their child and escort them to their vehicle or in to school (pupil safety comes first!)
- The disabled bays at the front of school should only be used by blue badge holders
- Please show consideration for other drivers and remember the safety of our pupils is paramount

The Carpark is busy at transition times of the day. Please exercise patience and consideration for all users. The safety of our pupils is paramount – all users of these facilities have a responsibility for this.

**Please share this information with everyone at home who may be collecting or leaving pupils to school.**

## FREE SCHOOL MEALS

Thank you to everyone who have applied for Free School Meals, as you know this must be completed annually. Unfortunately, we are unable to provide a FSM unless we have received confirmation from the Education Authority and a charge to parents will apply.

## FLU VACCINATION FORMS

This week we sent home Flu Vaccination consent forms. These must be returned to school by **Friday 13<sup>th</sup> September**. Flu Vaccinations are due to take place in school on **Monday 7<sup>th</sup> October**. The vaccination is via a nasal spray (no needles involved). Parents/guardians are not required to attend school.



## MEDICAL INFORMATION

Last week, I informed you that our **Administration of Medication forms are available to complete online via our website**. These can be accessed from the "Parents Section". Thank you to those of you who have completed these forms online and submitted them to school.

As a reminder, we can not administer medication to children unless the correct forms have been submitted by a legal guardian and approved by the Principal. It is the responsibility of parents to ensure the correct forms are completed, the medication supplied is in date and we have an adequate supply of medication e.g. inhaler. It is also the responsibility of parents to ensure the safe disposal of medication once they are no longer required. Thank you for your help with this.

## MEDICAL OR DIETARY CARE PLANS

Does your child have a Medical or Dietary Care Plan? If so, you must give us the most recent copy of this Care Plan. Care Plans should be reviewed annually by a healthcare practitioner. Thank you for keeping us up-to-date.

## FOODSTUFFS IN SCHOOL

We have a number of children in school in each year group who have specific dietary needs or requirements. To safeguard our children with nut allergies, please do not send foodstuffs containing nuts to school.

## HEALTHY BREAK & SNACKS IN SCHOOL

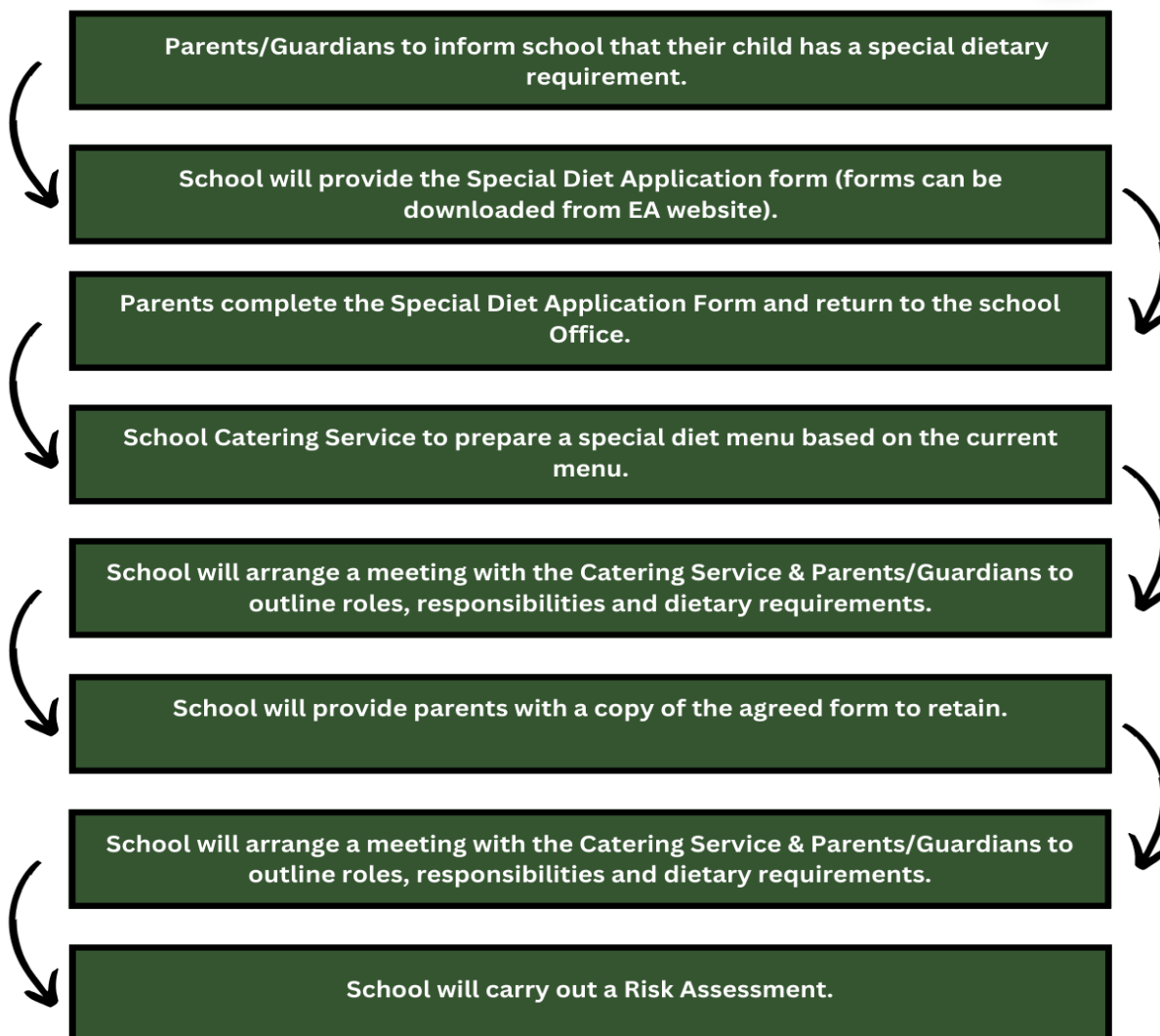
Help your child get their five a day by including some fruit or vegetables as a snack for their morning break. This includes all fresh fruit and vegetables and pots or tins of fruit in fruit juice, but not in syrup.

A portion could be:

- 1 medium sized piece of fruit, e.g. apple, orange, banana, pear
- 2 small fruits, e.g. kiwi fruits, satsumas, plums
- 1 cup of grapes, cherries or berries
- 1 large slice of pineapple or melon
- 1 cereal bowl of salad, e.g. lettuce, tomatoes, cucumber and celery
- 3 heaped tablespoons of fresh veg, e.g. chopped or sliced carrots, peppers or sugar-snap peas
- 3 heaped tablespoons of fruit salad (fresh or tinned in fruit juice)



## PROCEDURE FOR THE PROVISION OF SPECIAL DIETS IN SCHOOL



### Roles and Responsibilities of Parents

Parents are responsible for informing the school of their child's requirements for a special diet, prior to admission or during the academic year.

If specialist dietary preparation and prescription foods are to be provided to the Catering service, only ambient goods can be stored and used and the price of a school meal will remain the same.

Tel: 028 9084 8734

email: [info@ashgroveps.newtownabbey.ni.sch.uk](mailto:info@ashgroveps.newtownabbey.ni.sch.uk)

Office Hours: 8.30am-4.15pm





## SPECIAL DIET APPLICATIONS

If your child requires a special diet for medical/health, religious or cultural reasons, or because they are vegetarian or vegan, you **MUST** complete a Special Diet Application Form, this must be completed EACH SCHOOL YEAR. These forms are available from the school office or the EA website. Tracey in our Office has already issued application forms to all parents of children for whom we are previously aware require a special diet.

Please note, if your child has a medically prescribed diet e.g. Diabetes, Nut allergy, Dairy/Lactose intolerance, egg allergy, wheat allergy etc the form must be signed by a medical consultant, GP or registered dietation.

I kindly emphasise to our parents, it is your responsibility to keep us informed and return the required application forms. Should there be any forms outstanding, please complete and return these urgently.

## MOBILE PHONES IN SCHOOLS

This week, the Department of Education issued guidance to all schools on Pupils Use of Mobile Phones and other Similar Devices During the School Day. We are fortunate in Ashgrove that the use of pupils using mobile phones (or similar devices) during the school day has not been a problem.

Research indicates that restricting the use of mobile phones for pupils during the school has a positive impact on engagement and academic achievement.

Thank you for supporting us by not sending mobile devices with your child to school. The only daily exception to this is where a pupil requires a mobile device for medical reasons e.g. diabetes support.

Communications and messages to children should be delivered via the school office.

## EUROPEAN DAY OF LANGUAGES

In Ashgrove we are celebrating the European Day of Languages on **Thursday 26<sup>th</sup> September**. Children may come to school dressed in the colours of their class country!

Year Group	Country	Colours
Primary 1	Poland	Red & White
Primary 2	Spain	Red & Yellow
Primary 3	Italy	Green, White & Red
Primary 4	Germany	Black, Red & Yellow
Primary 5	France	Blue, White & Red
Primary 6	Sweden	Yellow & Blue
Primary 7	Holland	Red, Silver & Blue



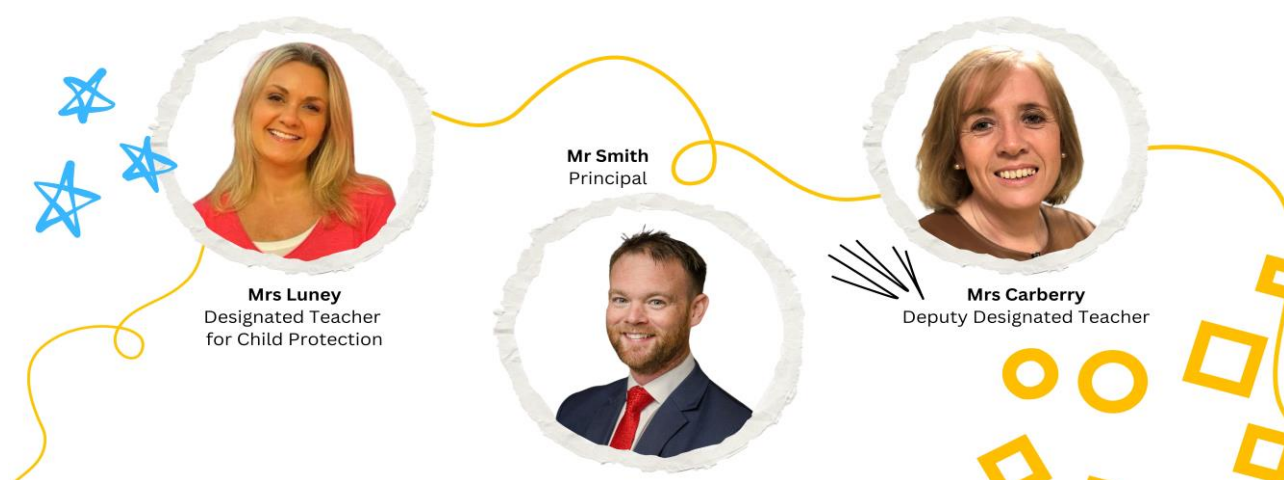
## SCHOOLMONEY PAYMENT SYSTEM FOR NEW PUPILS

Thank you for your patience as EduSpot/SchoolMoney are setting up login details and accounts for new families to book Breakfast Club, School Meals etc online. Once these accounts are ready, you will receive a text and information prompting you to set up your account. This will mainly involve new P1 parents. We will email you a Help Sheet which will guide you through the login process.

In the interim, if you would like to bring your child to Breakfast Club, please feel free to do so. Linda or Geraldine at the Breakfast Club will accept a cash payment from new families until SchoolMoney is available.

As a reminder, Breakfast Club is available to all families from 7.45-8.40am. Breakfast Club costs £2.75 per day.

## SAFEGUARDING TEAM REMINDER...



## SCHOOL MEALS MENU

<p><b><u>Monday 9<sup>th</sup> September</u></b></p> <p>Golden Crumbed Fish Fingers with Baked Beans/Mushy Peas, Chips or Baked Potato</p> <p>~</p> <p>Homemade Flakemeal Biscuit</p>	<p><b><u>Tuesday 10<sup>th</sup> September</u></b></p> <p>Italian Beef ragu with Garlic Bread, Sweetcorn, Carrots &amp; Coleslaw. Oven Roast Potatoes with Wedges/Rice/Salad</p> <p>~</p> <p>Mandarin Orange Sponge &amp; Custard</p>
<p><b><u>Wednesday 11<sup>th</sup> September</u></b></p> <p>Roast Beef, Stuffing &amp; Gravy with Broccoli &amp; Cauliflower, Mash &amp; Oven Roast Potatoes</p> <p>~</p> <p>Homemade Brownie &amp; Orange Wedge</p>	<p><b><u>Thursday 12<sup>th</sup> September</u></b></p> <p>Chicken Curry &amp; Naan Bread with Garden Peas &amp; Steamed Rice</p> <p>~</p> <p>Arctic Roll &amp; Peaches</p>
<p><b><u>Friday 13<sup>th</sup> September</u></b></p> <p>Chicken Goujons &amp; Sweet Chili Dip, Spaghetti Hoops/Corn on the Cob with Chips/New Potatoes</p> <p>~</p> <p>Fruit Muffin with Pure Apple &amp; Orange Juice</p>	<p><b>PLEASE BOOK BOTH FREE AND PAID SCHOOL MEALS ONLINE VIS SCHOOLMONEY FOR THE WEEK AHEAD</b></p>

