

Ashgrove Primary, Monthly School Dinner Menu 2019-2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Chicken Bites, Salad Coleslaw & Chips ~ Melon Wedges & Yoghurt	Salmon Fish Cakes & Baked Beans OR Mushy Peas & Mashed Potatoes OR Pasta (chilli/chicken & Pasta) Topped with Cheese, Sweetcorn & Crusty Bread ~ Fresh Fruit & Yoghurt	Roast Beef, Baton Carrots, Broccoli, Mashed Potatoes, Oven Roast Potatoes & Gravy ~ Fresh Fruit & Ice-Cream	Chicken Curry, Boiled Rice, Nann Bread & Carrot Sticks ~ Chocolate Brownie & Fresh Fruit	Chilli Beef, Garden Peas, Wedges & Rice OR BBQ Chicken Panini, Salad & Coleslaw ~ Sponge Topped with Fruit & Custard.
WEEK 2	Fish Fingers, Baked Beans & Chips ~ Fresh Fruit Salad & Yoghurt	Steak Burger in Bap, Salad, Coleslaw & Spiced Cube Potatoes OR Chilli Chicken Pasta, Salad & Wheaten Bread ~ Chocolate & Pear Sponge & Chocolate Sauce	Roast Chicken, Stuffing, Diced Carrots & Parsnip, Mashed & Oven Roast Potatoes & Gravy ~ Fresh Fruit & Yoghurt	Chicken Gravy, Boiled Rice, Nann Bread & Garden Peas ~ Fruit Jelly & Ice-Cream	Pasta Bolognese, Carrot Batons & Crusty Bread OR Chicken Goujon Wrap & Tossed Salad ~ Yogurt & Fruit
WEEK3	Sausages, Garden Peas & Chips ~ Fresh Fruit Salad & Yoghurt	Oven Baked Whiting, Baked Beans, Sweetcorn & Mashed Potatoes OR Spicy Beef with Noodles & Stir Fry Vegetables & Crusty Bread ~ Fresh Fruit & Yoghurt	Roast Beef, Cabbage, Mashed & Oven Roast Potatoes & Gravy ~ Rice Pudding & Fruit	Chicken Curry, Boiled Rice, Nann Bread & Carrot Sticks ~ Chocolate Cookie, Fresh Fruit & Milk	Irish Stew, Crusty Bread OR Lasagne, Tossed Salad & Crusty Bread ~ Apple Sponge & Custard
WEEK 4	Streak Burger in Bap, Sweetcorn & Chips ~ Fresh Fruit & Yoghurt	BUFFET: Sandwiches Chicken & Cheese Pizza Finger Cocktail Sausages Chicken Goujon Carrot Sticks ~ Fruit Muffin & Milkshake	Roast Pork, Stuffing, Turnip, Cauliflower, Mashed & Oven Roast Potatoes & Gravy ~ Biscuits & Frozen Yoghurt	Chicken Curry, Boiled Rice, Nann Bread & Baton Carrots ~ Fruit Sponge & Custard	Fish Fingers, Baked Beans & Mushy Peas, Mashed Potatoes OR Spicy Tacos & Salad ~ Fresh Fruit & Yoghurt

£2.60 per day £13.00 per week PARENTS MUST APPLY FOR FREE SCHOOL MEALS ANNUALLY

All meals (free & paid) must be booked online via School Money

Vegetarian Options are available each day