

School Lunch Menu – September/October

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

***2 Items from Cook's Salad Selection**
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|--|---|--|---|---|
| WEEK 1 27/9 | Steak Casserole Baton Carrots Medley of Fresh Vegetables Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato Vanilla Ice Cream pot Or Yoghurt & Fruit | Chicken Curry Boiled Rice Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection & Fresh Yoghurt | Roast Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Jelly Pot or Yoghurt & Fruit | Hot Dog Or Chicken Roll Baked Beans Peas *Tossed Salad Chips, Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit |
| WEEK 2 4/10 | Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Fresh Fruit Selection & Fresh Yoghurt | Pasta Bolognese with Crusty Bread Garden Peas Tossed Salad Shortbread or Yoghurt & Fruit | Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Jelly Pot or Yoghurt & Fruit | Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Chicken Nuggets Or Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt & Fruit |
| WEEK 3 11/10 | Mince and Potatoes Baked Beans, Sweetcorn Broccoli Florets Carrots Mashed Potato Fruit Muffin or Yoghurt & Fruit | Homemade Chicken Goujons, Selection of dipping sauces Baton Carrots * Salad Selection Chips Mashed Potato Ice Cream pot Or Yoghurt & Fruit | Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection & Fresh Yoghurt | Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Chocolate Cookie Or Fruit & Yoghurt | Traditional Homemade Chicken Soup Steak Burger in Bap Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit & Yoghurt |
| WEEK 4 18/10 | Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Oven Baked Sausage Or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit | Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Jelly Pot & Yoghurt & Fruit | Spaghetti Bolognese or Salmon fish cake Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt | Homemade Margherita Pizza * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Fruit & Yoghurt |

Rice, Pasta, Potatoes and Gravy can be served Daily

Menu choices subject to deliveries
Fresh Fish May Contain Bones

School Lunch Menu October/November

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--|--|---|--|---|
| WEEK 1 25/10 | HALF TERM | HALF TERM | HALF TERM | HALF TERM | HALF TERM |
| WEEK 2 1/11 | Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Fresh Fruit Selection & Fresh Yoghurt | Pasta Bolognese with Crusty Bread Garden Peas Tossed Salad Shortbread or Yoghurt & Fruit | Fresh Breaded Fish Goujons with Lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Jelly Pot or Yoghurt & Fruit | Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Chicken Nuggets Or Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt & Fruit |
| WEEK 3 8/11 | Mince and Potatoes Baked Beans, Sweetcorn Broccoli Florets Carrots Mashed Potato Fruit Muffin or Yoghurt & Fruit | Homemade Chicken Goujons, Selection of dipping sauces Baton Carrots * Salad Selection Chips Mashed Potato Ice Cream pot Or Yoghurt & Fruit | Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection & Fresh Yoghurt | Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Chocolate Cookie Or Fruit & Yoghurt | Traditional Homemade Chicken Soup Steak Burger in Bap Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit & Yoghurt |
| WEEK 4 15/11 | Bread of Chicken Curry with Boiled Rice & Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Oven Baked Sausage Or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit | Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Jelly Pot & Yoghurt & Fruit | Spaghetti Bolognese or Salmon fish cake Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt | Homemade Margherita Pizza * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Fruit & Yoghurt |

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

*2 Items from
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

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Fresh Fruit,
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Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
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Diced Red Peppers
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| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--|---|--|---|---|
| WEEK 1 22/11 | Steak Casserole Baton Carrots Medley of Fresh Vegetables Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato Vanilla Ice Cream pot Or Yoghurt & Fruit | Chicken Curry Boiled Rice Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection & Fresh Yoghurt | Roast Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Jelly Pot or Yoghurt & Fruit | Hot Dog Or Chicken Roll Baked Beans Peas *Tossed Salad Chips, Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit |
| WEEK 2 29/11 | Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Fresh Fruit Selection & Fresh Yoghurt | Pasta Bolognese with Crusty Bread Garden Peas Tossed Salad Shortbread or Yoghurt & Fruit | Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Jelly Pot or Yoghurt & Fruit | Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Chicken Nuggets Or Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt & Fruit |
| WEEK 3 6/12 | Mince and Potatoes Carrots Broccoli Florets Mashed Potato Fruit Muffin or Yoghurt & Fruit | Homemade Chicken Goujons, Selection of dipping sauces Baton Carrots * Salad Selection Chips Mashed Potato Ice Cream pot Or Yoghurt & Fruit | Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection & Fresh Yoghurt | Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Chocolate Cookie Or Fruit & Yoghurt | Traditional Homemade Chicken Soup Steak Burger in Bap Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit & Yoghurt |
| WEEK 4 13/12 | Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Oven Baked Sausage Or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit | Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Jelly Pot & Yoghurt & Fruit | Spagheti Bolognese or Salmon fish cake Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt | Homemade Margherita Pizza * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Fruit & Yoghurt |

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School Lunch Menu - December



Breads
Milk, Water
Fresh Fruit,
Yoghurt
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*2 Items from
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
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| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|--|--|------------------------|----------------------|----------------------|
| WEEK 1 20/12 | Steak Casserole Baton Carrots Medley of Fresh Vegetables Mashed Potato Chocolate muffin Or Fruit & Yoghurt | Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato Vanilla Ice Cream pot Or Yoghurt & Fruit | No Meals Served | School Closed | School Closed |
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