



First One Hundred High Frequency Words Activity Book

Name: _____

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Look and say	Look, say and write	Cover and write	Check and write again
in			
was			
is			
he			
it			

Fill in the missing word.

1. He was _____ the house.
2. Is _____ in the car? (the bag)
3. She _____ not in school. (now)
4. _____ is by himself.
5. It _____ Monday yesterday.

Write your own sentences using:

1. in 2. he 3. is



Look and say	Look, say and write	Cover and write	Check and write again
a			
the			
that			
to			
and			

Fill in the missing word.

1. _____ cat was in the basket.
2. Are you going over _____ their house?
3. Jack _____ Jill went up the hill.
4. Sorry, I did not hear _____.
5. I would like _____ banana.

Write your own sentences using:

1. a 2. the 3. and



Look and say	Look, say and write	Cover and write	Check and write again
of			
are			
for			
I			
you			

Fill in the missing word.

- Are _____ here for me?
- _____ will go there now.
- She and I _____ very happy today.
- I can see all _____ them.
- Here is an apple _____ you.

Write your own sentences using:

- I
- for
- you



Look and say	Look, say and write	Cover and write	Check and write again
had			
so			
have			
said			
as			

Fill in the missing word.

- _____ he said yes?
- _____ we had this before?
- She _____ been sick.
- The girl _____ that to him.
- I am as happy _____ I can be.

Write your own sentences using:

- have
- said
- had



Look and say	Look, say and write	Cover and write	Check and write again
not			
they			
with			
one			
we			

Fill in the missing word.

1. They are not _____ us.
2. _____ of them will stay here.
3. I am _____ very happy.
4. _____ are not being as good as us.
5. _____ will be there soon.

Write your own sentences using:

1. with 2. they 3. one

Look and say	Look, say and write	Cover and write	Check and write again
on			
his			
at			
him			
all			

Fill in the missing word.

1. They will be at _____ house.
2. She can stay _____ school.
3. They were cross with _____ .
4. _____ is not lost.
5. Please be there _____ time.

Write your own sentences using:

1. his 2. all 3. him

Look and say	Look, say and write	Cover and write	Check and write again
but			
old			
be			
up			
do			

Fill in the missing word.

1. I am not as _____ as you.
2. They will _____ home soon.
3. _____ you like chips?
4. I will climb high _____ in the tree.
5. I am sure _____ they are not.

Write your own sentences using:

1. old 2. up 3. be



Look and say	Look, say and write	Cover and write	Check and write again
can			
me			
came			
my			
saw			

Fill in the missing word.

1. _____ I come with you?
2. They _____ back from holiday.
3. Give it to _____ now!
4. She came to _____ new school.
5. My mum _____ a brown dog.

Write your own sentences using:

1. came 2. my 3. saw



Look and say	Look, say and write	Cover and write	Check and write again
get			
she			
here			
put			
her			

Fill in the missing word.

1. Can _____ see us?
2. They are coming over _____.
3. I will _____ my bag on the shelf.
4. I like _____ new haircut.
5. Mum is going to _____ some apples.

Write your own sentences using:

1. get
2. here
3. she



Look and say	Look, say and write	Cover and write	Check and write again
will			
an			
no			
asked			
now			

Fill in the missing word.

1. The man _____ his dog to sit.
2. Dad _____ cut the grass
3. Come over here _____!
4. _____ apple a day is good for you.
5. Please don't say _____ to me.

Write your own sentences using:

1. asked
2. will
3. now



Look and say	Look, say and write	Cover and write	Check and write again
called			
by			
if			
go			
down			

Fill in the missing word.

1. Did she go _____ there?
2. I _____ my nan on the phone today.
3. _____ away, I don't want to talk to you.
4. I can do it _____ myself.
5. Let me see _____ they are in.

Write your own sentences using:

1. by 2. go 3. down



Look and say	Look, say and write	Cover and write	Check and write again
just			
out			
children			
into			
dad			

Fill in the missing word.

1. _____ put it down over there.
2. All the _____ are on the playground.
3. Come _____ the kitchen.
4. I will help _____ clean the car today.
5. Go _____ and put your bike away.

Write your own sentences using:

1. children 2. dad 3. out



Look and say	Look, say and write	Cover and write	Check and write again
went			
them			
will			
there			
were			

Fill in the missing word.

1. There were six of _____.
2. The test _____ very well.
3. I _____ meet you in town later.
4. They _____ happy to be in school.
5. _____ are too many to feed.

Write your own sentences using:

1. went 2. there 3. were



Look and say	Look, say and write	Cover and write	Check and write again
big			
all			
back			
day			
come			

Fill in the missing word.

1. Come _____ when I call you.
2. Mum said “_____ over to me now.”
3. I want to play games all _____.
4. My mum has a _____ bag.
5. I will eat _____ of my food.

Write your own sentences using:

1. come 2. all 3. back



Look and say	Look, say and write	Cover and write	Check and write again
from			
don't			
same			
off			
time			

Fill in the missing word.

1. He took it _____ the list.
2. I got a letter _____ my dad.
3. We have the _____ jumper.
4. I _____ like eating peas.
5. It took a long _____ to drive to school.

Write your own sentences using:

1. don't 2. off 3. time



Look and say	Look, say and write	Cover and write	Check and write again
got			
make			
help			
made			
house			

Fill in the missing word.

1. I _____ a new horse for my birthday.
2. They _____ too much food.
3. Can you _____ the dinner please?
4. I want to _____ wash the pots.
5. Joe is coming to my _____ after school.

Write your own sentences using:

1. made 2. got 3. help



Look and say	Look, say and write	Cover and write	Check and write again
look			
little			
some			
like			
I'm			

Fill in the missing word.

1. She asked me to _____ at my book.
2. Please go and do it _____ now.
3. I would like _____ pie.
4. That _____ dog is lovely.
5. _____ only going to tell you once.

Write your own sentences using:

1. some 2. I'm 3. look



Look and say	Look, say and write	Cover and write	Check and write again
then			
their			
when			
this			
It's			

Fill in the missing word.

1. _____ will the boys come over?
2. It is not _____ turn.
3. What is _____ called?
4. _____ cold outside today.
5. _____ it will be time to go home.

Write your own sentences using:

1. their 2. it's 3. this



Look and say	Look, say and write	Cover and write	Check and write again
see			
about			
could			
looked			
Mr			

Fill in the missing word.

- Betty _____ like she was going to cry.
- _____ you get that for me please?
- Come and _____ me after school.
- I got to bed at _____ nine o'clock.
- _____ Blant went to every football game.

Write your own sentences using:

1. looked 2. could 3. Mr

Look and say	Look, say and write	Cover and write	Check and write again
Mrs			
what			
mum			
oh			
people			

Fill in the missing word.

- My _____ is my best friend.
- Tommy shouted " _____ wow!"
- Only ten _____ can fit on the bus.
- _____ are you doing over there?
- Mr Burton helped _____ Burton in the garden.

Write your own sentences using:

1. mum 2. what 3. Mrs

Look and say	Look, say and write	Cover and write	Check and write again
too			
very			

Fill in the missing word.

1. He was _____ tall for the ride.
2. I am _____ hungry

Write your own sentences using:

1. very
2. too

