



I'm moving
to a new
school!!!

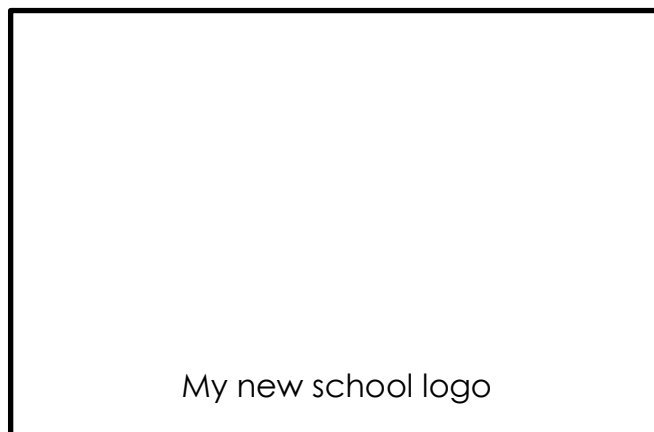


Name _____

This is my book about moving to
my next school



I am at _____ primary
school now.



In September I am going to
_____ school.

Three of my best memories of

primary school

Here are some suggestions ...

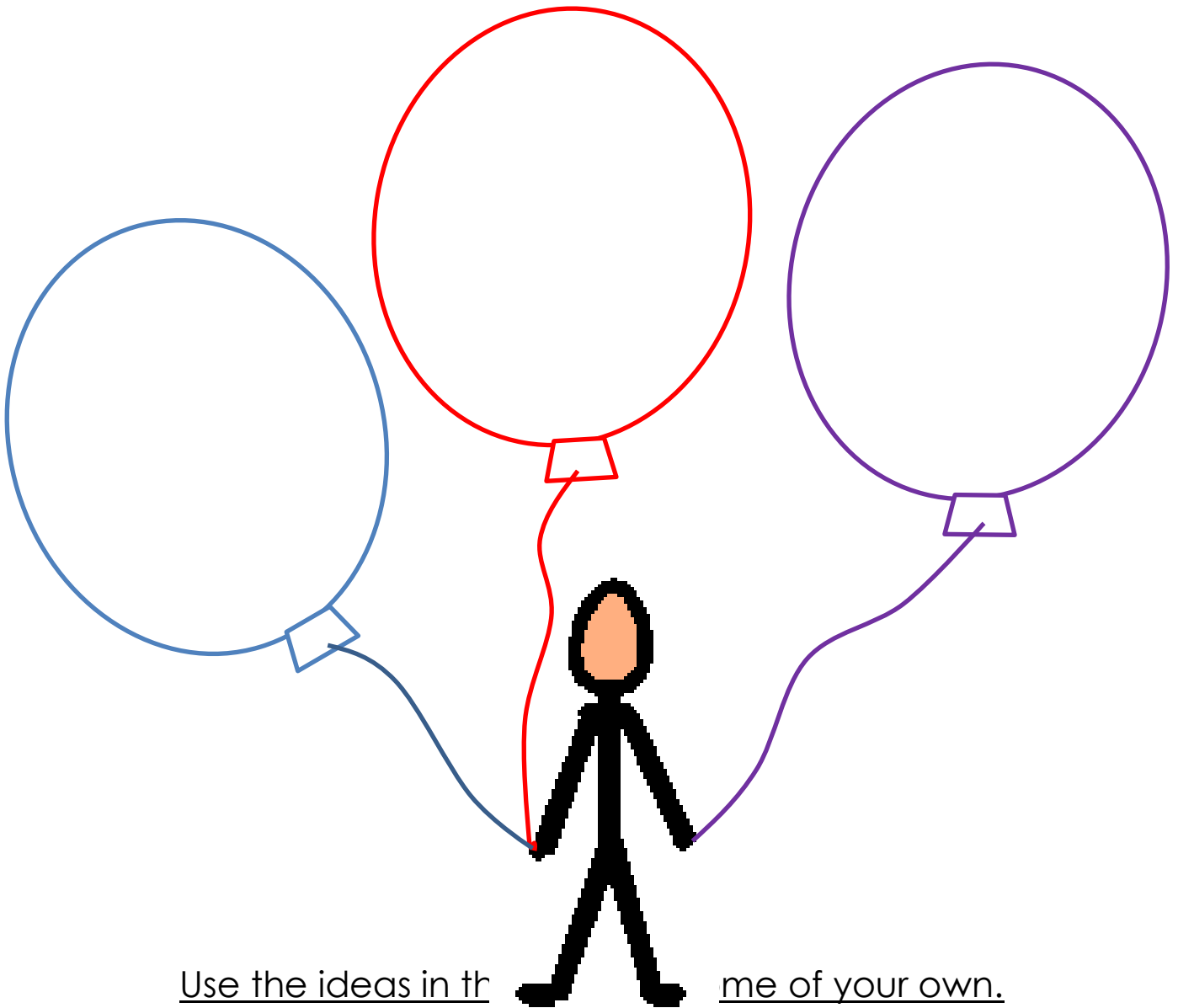
My friends

School trips

Funny memories

Favourite teacher

Favourite subject/topic



Use the ideas in th

me of your own.

In primary school:

I was good at.....



1. _____
2. _____
3. _____

I was OK at.....



1. _____
2. _____
3. _____

I needed more help with.....



1. _____
2. _____
3. _____

Art	Maths	Writing
Making friends	Sport	Listening

Three things I am looking forward to in

my next school.



1. _____
2. _____
3. _____

Three things I might need help with.



1. _____
2. _____
3. _____



My first visit to my next school

My first visit was on _____

The people who came with me
were _____

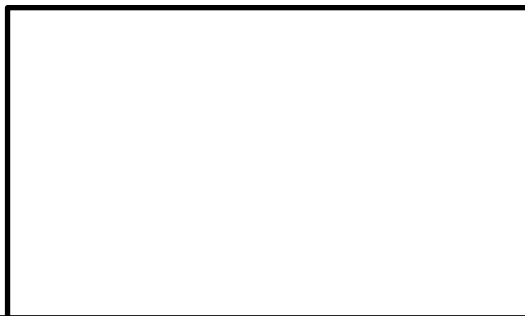
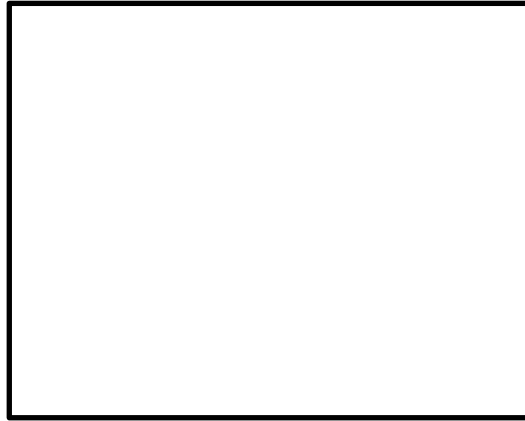
The thing I liked best about my new
school was _____

The name of a person I met was



Some pictures of important places
and people in my new school:





My summer plan

Make a plan with an adult at home of things to do or talk about in the summer to get ready for your new school. Some things you will have to do or talk about in **July** and **August** are:

Things to do or talk about	Date
Get a school bag	
Buy a new uniform	
Practise putting on uniform	
Talk to an adult about how I will get to my new school	
Pack my bag for the first day	
Talk to an adult about lunch times	

Now I am ready for school, I can



1. _____
2. _____
3. _____

A practice timetable

At your new school you will have a timetable. It might look like this:

Your timetable tells you what happens every day. It has the subject name, the teacher's name, the room to go to and the

	Monday	Tuesday	Wednesday	Thursday	Friday
9:10	Reg PS R8	Reg PS R8	Reg PS R8	Reg PS R8	Reg PS R8
9:15	Eng LMcf M8	Hist KH R14	RE MS M4	HE LH R25	RE MS M4
9:50	Eng LMcf M8	Sci FC R25	PSE GB M10	HE LH R25	Dr HR R32
10:25	RE MS M4	Sci FC R25	Geog PT R19	HE LH R25	Dr HR R32
11:00	B	R	E	A	K
11:15	Fr HG M6	Eng LMcf M8	PE CW Gym	Eng LMcf M8	LLW LB R6
11:50	Art JC S3	Eng LMcf M8	PE CW Gym	Hist KH R14	Sci FC R25
12:25	Art JC S3	Mus PK M3	PE CW Gym	Hist KH R14	Sci FC R25
13:00	L	U	N	C	H
1:35	Sci FC R25	Fr HG M6	Maths POK M2	Maths POK M2	Maths POK M2
2:10	LLW LB R6	Sci FC R25	Maths POK M2	ICT AW CS1	Maths POK M2
2:45	PSE GB M10	Geog PT R19	Fr HG M6	ICT AW CS1	Mus PK M3

time of each lesson.

Look at the timetable above, can you find;

What subject is first on Thursday _____

What time is lunch at _____

What room Maths is in _____

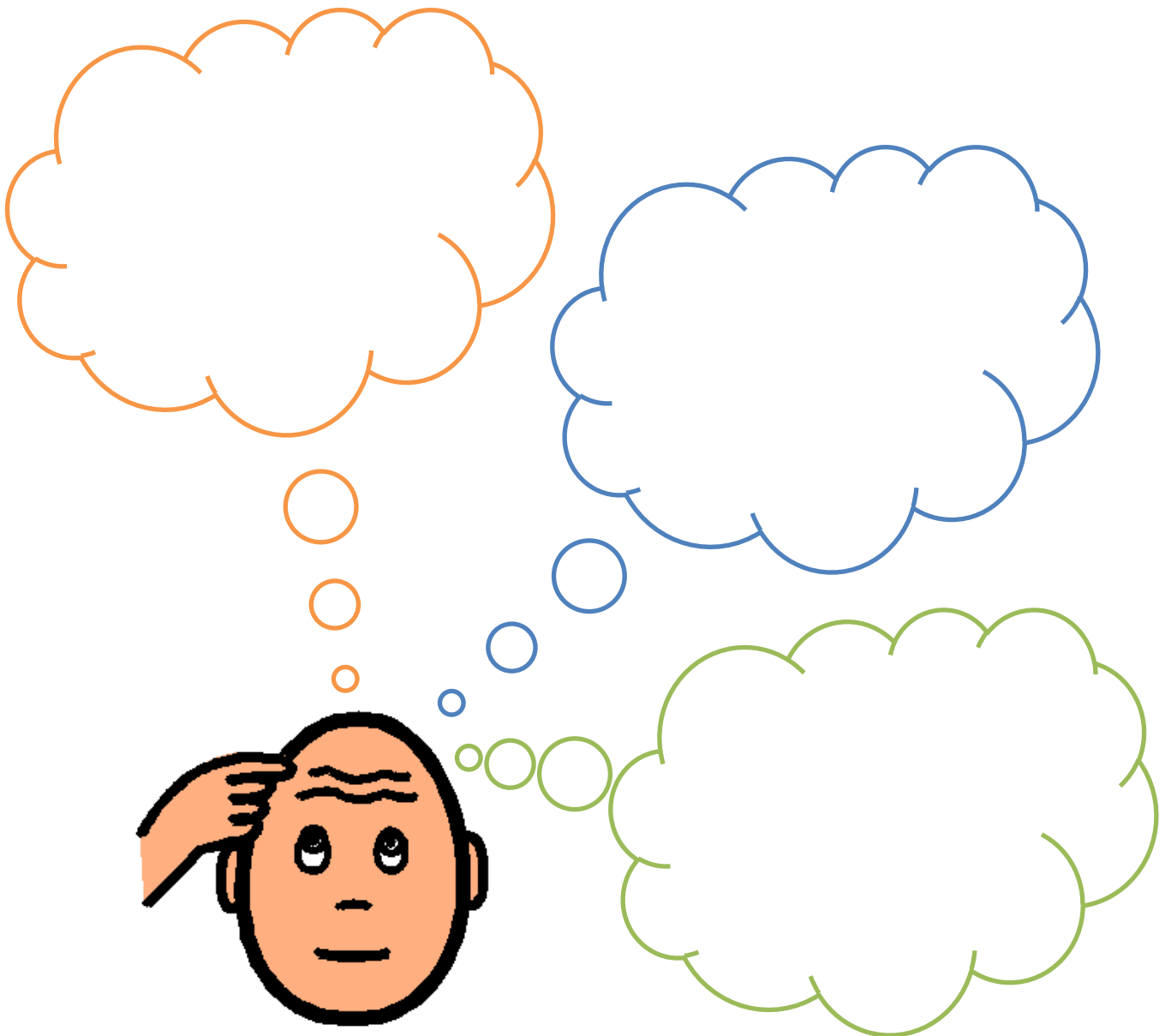
How often is English in the week _____

What books have to be packed on a Tuesday night

Staying the same

Think about what will stay the same when you move to your new school.

 Write your thoughts in the bubbles.

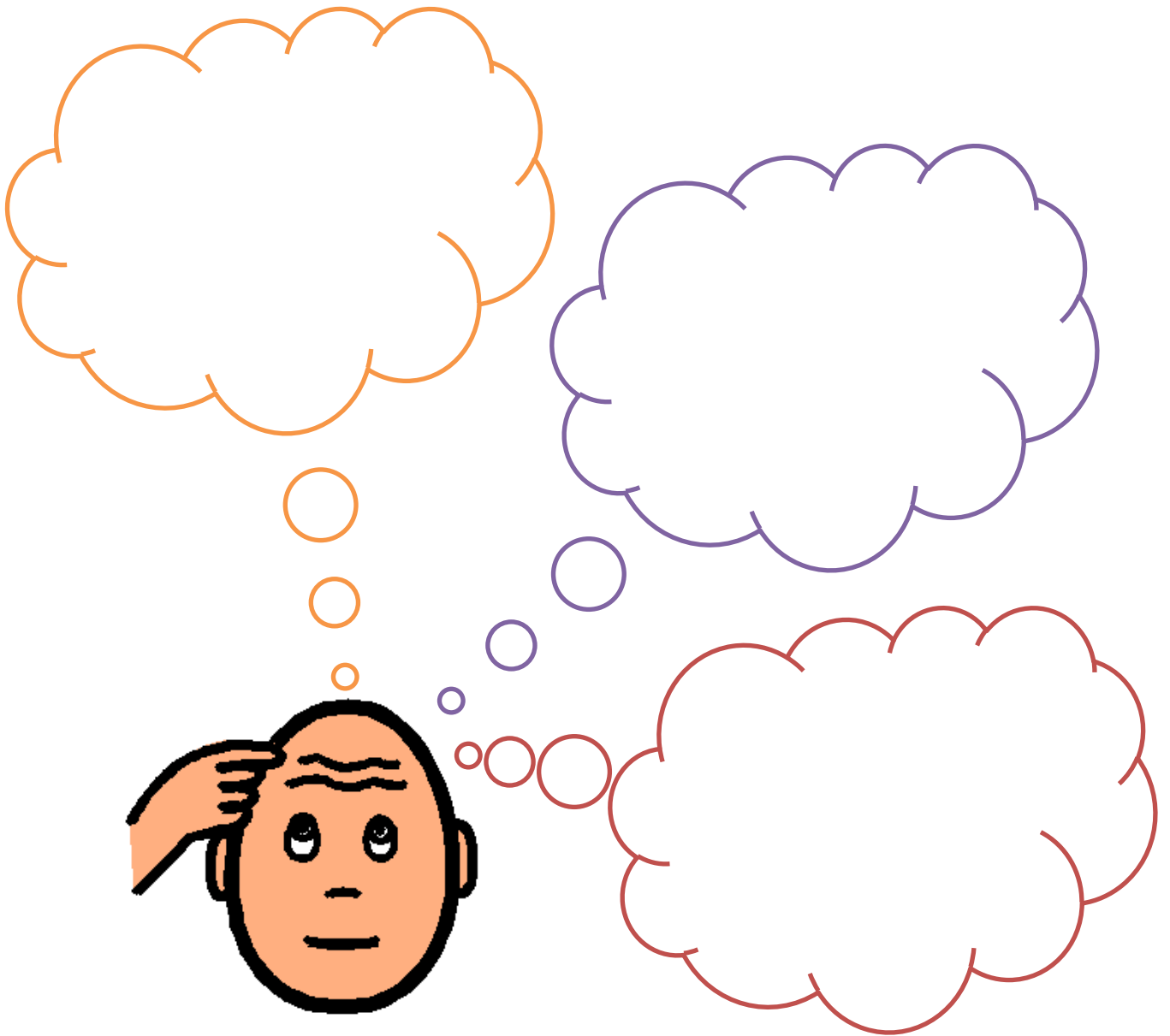


Changing

Think about things that will be different in your new

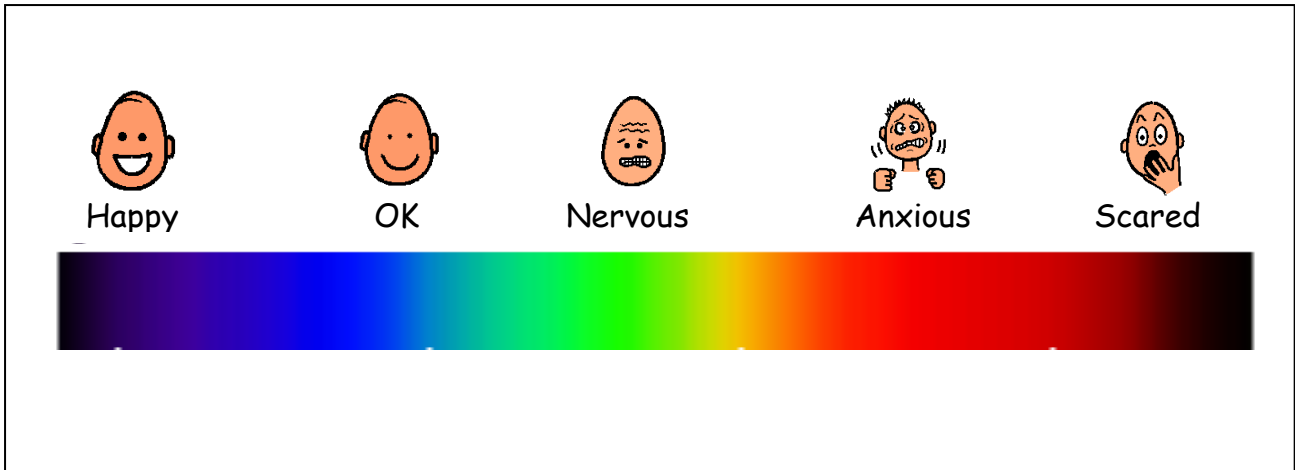
school.

Write your thoughts in the bubbles.



Think about your new school

How do you feel?



Which of these feelings to you have?

Talk to an adult about them.

Calming Checklist

- Head compressions
- Pushing hands together
- Pulling hands apart
- Chair push-ups
- Pushing against the wall
- Hand massage
- Count slowly to 10
- Count backwards from 10
- Deep breathing
- Listen to music
- Draw
- Sit in a quiet place

Look at the calming checklist

What can you do to make
you feel calmer?

Homework

In your new school you will have lots of subjects and more homeworks.

To help you remember the homework you have, you will get a homework diary.

Can you answer the questions from this practice homework diary:



<u>Mon</u> History - The Vikings Q's 1-4	<u>Thurs</u> French Eng – read chapter 1 in novel
<u>Tues</u> HE – Bring flour	<u>Fri</u> Geog – label the map
<u>Wed</u> Maths - Page 12 Q's 1 – 6	

- What homework is due on Monday? _____
- How many homeworks do you have to hand in on Thursday? _____
- What homework would you have to do on Thursday night? _____
- What do you have to do for your English homework? _____

Sometimes pupils have questions about homeworks.



It is OK to ask a teacher these questions:

- What should I do if I forget my homework?
- What will I do if the homework is too difficult?
- What will I do if I don't get all my homework copied down into my diary?
- How long should I spend doing homework every night?



Rules

There are rules at your primary school.



Write down two of these rules:



There will be new rules at your next school.

It is important to follow the rules.

What might happen if you didn't follow the rules at your new school?



Write down one thing that might happen:

This is called a consequence or punishment.

To make sure you don't get punished



REMEMBER:



- Be ready to say sorry if you do something wrong.



- Ask for help if you don't know what to do.



- Keep your cool. Things get worse if you get angry.

Making friends



As well as new teachers and new subjects you will be able to make new friends at your next school.

You might be looking forward to meeting new people or you might be a bit worried about it.

To make a new friend you can:

- Smile
- Tell them your name
- Ask them their name
- Tell them what you like to do



- Ask them what they like to do

Practise this now with someone in your
primary school

Some things to remember to make
sure I have a really good time in
my new school:



- Look at my timetable
- Be organised – use my diary
- Be friendly
- Join some clubs
- Listen to staff
- Ask for help when I need it
- Get homework done and hand it in on the right day
- Stick at things even when they're difficult

Add your ideas for 3 more

- _____
- _____
- _____

Top Tips

- It's OK to ask for help. 
- Lots of other pupils starting your new school will feel

the same as you.

- Check your homework diary every day.



- Make sure you copy down your homework carefully into your diary.



- Make sure you get enough sleep every night.



- Have a break from all screens before bedtime.



- Organise your school bag the night before



- Have lots of fresh air and exercise.

- Have fun!



Wishing you a successful start
in your new school!

