

# EAT SMART WITH THE LUNCH BUNCH



## WEEKS SERVED

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>19 February WEEK 1</b>  <b>18 March</b>  <b>15 April</b>  <b>13 May</b>  <b>10 June</b>  <b>2 September</b>  <b>30 September</b></p>	<p>Beef Bolognaise                      - Or -                      Chicken Goujon Wrap                      with choice of dip</p> <p>Sweetcorn / Broccoli                      Pasta Spirals / Mashed Potato</p> <p>Chocolate &amp; Orange Cookie</p>	<p>Homemade Margherita Pizza                      - Or -                      Chinese-style Beef &amp; Vegetables                      with Noodles</p> <p>Green Beans / Baked Beans                      Chipped Potato / Mashed Potato</p> <p>Raspberry Jelly &amp; Two Fruits</p>	<p>Chicken Curry &amp; Naan Bread                      - Or -                      Breaded Fish &amp; Lemon Mayo</p> <p>Diced Carrots &amp; Garden Peas                      Rice / Mashed Potato</p> <p>Fruit Sponge &amp; Custard</p>	<p>Roast Gammon Stuffing &amp; Gravy                      - Or -                      Salmon &amp; Creamy Tomato Pasta</p> <p>Fresh Vegetables in Season                      Mashed Potato / Oven Roast Potato</p> <p>Pineapple Delight</p>	<p>Hot Dog / Veggie Dog                      with Tomato Ketchup                      - Or -                      Chicken &amp; Summer Veg Pie</p> <p>Spaghetti Hoops / Corn on the Cob                      Chipped / Mashed Potato</p> <p>Ice-Cream &amp; Mandarin Oranges</p>
<p><b>26 February</b>  <b>25 March</b>  <b>22 April</b>  <b>20 May</b>  <b>17 June</b>  <b>9 September</b></p>	<p>Golden Crumbed Fish Fingers                      - Or -                      Freshly Baked Ham &amp; Cheese                      Panini</p> <p>Baked Beans &amp; Garden Peas                      Chipped / Mashed Potato</p> <p>Homemade Flakemeal Biscuit</p>	<p>Spaghetti Bolognaise                      - Or -                      Homemade Margherita Pizza</p> <p>Sweetcorn / Diced Carrots / Coleslaw                      Oven Roasted Potato Wedges /                      Mashed Potato</p> <p>Mandarin Orange Sponge &amp; Custard</p>	<p>Chicken Curry &amp; Naan Bread                      - Or -                      Baked Pork Sausages &amp; Gravy</p> <p>Garden Peas / Baton Carrots                      Boiled Rice / Mashed Potato</p> <p>Arctic Roll and Peaches</p>	<p>Roast Pork Stuffing &amp; Gravy                      - Or -                      Quorn Dippers</p> <p>Fresh Vegetables in Season                      Mashed / Oven Roast Potato</p> <p>Homemade Brownie &amp; Orange Wedges</p>	<p>Chicken Goujons &amp; Sweet Chilli Dip                      - Or -                      Roast Mediterranean Vegetable                      Pasta Bake</p> <p>Spaghetti Hoops / Corn on the Cob                      Chipped / Mash / Baby New Potatoes</p> <p>Fruit Muffin &amp; Apple / Orange Juice</p>
<p><b>4 March</b>  <b>1 April</b>  <b>29 April</b>  <b>27 May</b>  <b>24 June</b>  <b>16 September</b></p>	<p>Golden Crumbed Fish Fingers                      - Or -                      Creamy Chicken &amp; Broccoli Pasta                      with Garlic Bread</p> <p>Sweetcorn / Baked Beans                      Chipped / Mashed Potato / Coleslaw</p> <p>Ice-Cream, Pears &amp; Chocolate Sauce</p>	<p>Homemade Cottage Pie                      - Or -                      Homemade Margherita Pizza</p> <p>Carrots / Spring Vegetables                      Oven Baked Potato Wedges / Mashed                      Potato</p> <p>Summer Fruit / Marshmallow Cheesecake</p>	<p>Chicken Curry &amp; Naan Bread                      - Or -                      Beef / Meatballs &amp; Gravy</p> <p>Garden Peas / Baton Carrots                      Steamed Rice /                      Mash Potato</p> <p>Sticky Date Pudding &amp; Custard</p>	<p>Roast Turkey Stuffing &amp; Gravy                      - Or -                      Chicken &amp; Pepper Fajita</p> <p>Fresh Vegetables in Season                      Mashed Potato / Oven Roast Potato</p> <p>Golden Krispie Square</p>	<p>School "Chippy Day"                      Chicken Nuggets                      - Or -                      Baked Potato with Tuna &amp;                      Sweetcorn                      Corn on The Cob / Coleslaw                      Chipped / Mashed Potato</p> <p>Frozen Fruit Mousse</p>
<p><b>11 March</b>  <b>8 April</b>  <b>6 May</b>  <b>3 June</b>  <b>26 August</b>  <b>23 September</b></p>	<p>Baked Pork Sausages &amp; Gravy                      - Or -                      Jerk Chicken &amp; Caribbean Rice with                      Flatbread</p> <p>Baked Beans / Garden Peas                      Chipped / Mashed Potato</p> <p>Ice-Cream &amp; Two Fruits</p>	<p>Chicken Curry &amp; Naan Bread                      - Or -                      Cheese / Pepperoni Pizza</p> <p>Sweetcorn / Baton Carrots                      Boiled Rice / Oven Roasted Wedges</p> <p>Jaffa Cake Pots</p>	<p>Breaded Fish &amp; Lemon Mayo                      - Or -                      Beef Lasagne, Garlic Bread &amp;                      Coleslaw</p> <p>Garden Peas / Diced Carrots                      Mashed / Baby Potato</p> <p>Fruit Sponge &amp; Custard</p>	<p>Roast Chicken, Stuffing &amp; Gravy                      - Or -                      Roast Butternut Squash, Penne                      Pasta and Tomato &amp; Pesto Sauce</p> <p>Fresh Vegetables in Season                      Mashed Potato / Oven Roast Potato</p> <p>Fresh Fruit Salad &amp; Yoghurt</p>	<p>Beef Burger / Bean Burger                      in Bap with Onions                      - Or -                      Salt &amp; Chilli Chicken Chunks</p> <p>Corn on the Cob / Pasta Salad                      Chipped Potato / Mashed Potato</p> <p>Lemon Shortbread &amp; Melon Wedge</p>

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL  
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO  
PRODUCT AVAILABILITY