

# EAT SMART WITH THE LUNCH BUNCH



| Week beginning              | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|-----------------------------|---|---|--|---|--|
| 1 SEPT 2025<br>29 SEPT 2025 | Homemade Beef Bolognese<br>Green Beans & Diced Carrots<br>Penne Pasta or Baby Potatoes with Herbs<br><br>Assorted Yogurt Pots ,<br>Mandarin Oranges | Baked Breaded Whiting & Tartare Mayo<br><br>Garden Peas & Sweetcorn<br>Chipped Potatoes or Baked Jacket Potato<br><br>Fruit Muffins , Fresh Fruit                             | “Lunch Bunch” Chicken Curry with<br>Freshly Baked Mini Naan Bread<br><br>Broccoli & Roasted Butternut Squash<br>Steamed Fluffy Rice or Oven-Baked Herb<br>Wedges<br><br>Jelly Pots , Tinned Pears    | Cook’s Roast Chicken<br>with Stuffing & Gravy<br><br>Fresh Selection of Vegetables in Season<br>Mashed Potatoes<br><br>Chocolate Cookie , Fresh Fruit | Oven Baked Chicken Goujons with choice<br>of Dip<br><br>Baked Beans & Coleslaw<br>Chipped Potatoes or Baked Jacket Potato<br><br>Ice cream Tub , Two Fruits              |
| 8 SEPT 2025                 | Golden Crumbed Fish Fingers & Mayo<br>Dip<br><br>Garden Peas & Baked Beans<br>Mashed Potato or Pasta Salad<br><br>Shortbread, Tinned Peaches        | Homemade Beef Bolognese<br><br>Baton Carrots & Broccoli<br>Penne Pasta or<br>Baby Potatoes<br><br>Chocolate Muffin,<br>Fresh Fruit  | “Lunch Bunch” Chicken Curry with<br>Freshly Baked Mini Naan Bread<br><br>Sweetcorn & Spaghetti Hoops<br>Steamed Fluffy Rice or Mashed Potato<br><br>Assorted Yogurt Pots ,<br>Mandarin Oranges       | Cook’s Roast Chicken<br>with Stuffing & Gravy<br><br>Fresh Selection of Vegetables in Season<br>Mashed Potatoes<br><br>Ice Cream Tub with Two Fruits  | Cheeseburger with Burger Sauce in Bap<br><br>Mini Corn on the Cob & Coleslaw<br>Chipped Potatoes or Baked Jacket Potato<br><br>Fruit Muffins , Fresh Fruit               |
| 15 SEPT 2025                | Oven Baked Cod Goujons with Mayo Dip<br><br>Garden Peas & Potato Salad<br>Chipped Potatoes or Baked Jacket Potato<br><br>Jelly Pots , Tinned Pears  | Homemade Spaghetti Bolognese<br><br>Baton Carrots & Broccoli<br>Spaghetti & Parsley Baby Potatoes<br>Chocolate Cookie , Orange wedges   | “Lunch Bunch” Chicken Curry with<br>Freshly Baked Mini Naan Bread<br><br>Mini Corn on the Cob & Butternut Squash<br>Steamed Rice or Oven Roasted Cubed<br>Potatoes<br><br>Ice cream Tub , Two Fruits | Cook’s Roast Chicken<br>with Stuffing & Gravy<br><br>Fresh Selection of Vegetables in Season<br>Mashed Potatoes<br><br>Shortbread, Tinned Peaches     | Oven Baked Chicken Nuggets with Choice<br>of Dip<br><br>Sweetcorn & Baked Beans<br>Chipped Potatoes or Baked Jacket Potato<br><br>Chocolate Muffin & Watermelon<br>Wedge |
| 22 SEPT 2025                | Baked Cod Bites with mayo Dip<br><br>Mushy Peas & Coleslaw<br>Chipped Potatoes or Baked Jacket Potato<br><br>Assorted Yogurt Pots,<br>Orange Wedges | Home-Baked Margherita or Tex-Mex<br>Spicy Beef Pizza<br><br>Baton Carrots & Broccoli<br>Oven Baked Paprika Wedges & Baby<br>Potato Salad<br><br>Ice Cream Tub with Two Fruits | “Lunch Bunch” Chicken Curry with<br>Freshly Baked Mini Naan Bread<br><br>Sweetcorn & Roasted Butternut Squash<br>Steamed Fluffy Rice & Pasta Salad<br><br>Fruit Muffins , Fresh Fruit                | Cook’s Roast Chicken<br>with Stuffing & Gravy<br><br>Fresh Selection of Vegetables in Season<br>Mashed Potatoes<br><br>Jelly Pots , Tinned Pears      | Hot Dog with Ketchup<br><br>Mini Corn on the Cob & Baked Beans<br>Skinny “French Fries” or Baked Jacket<br>Potato<br><br>Chocolate Cookie, Fresh Fruit                   |

MILK, WATER, BREAD & FRESH FRUIT  
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY