

EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | | |
|---|---|---|--|---|--|
| <p>7 October 4 November 2 December 30 December 27 January</p> | <p>Oven-Baked Fish Fingers</p> <p>Baked Beans / Oven-baked Wedges / Mash</p> <p>Vanilla Ice-Cream</p> | <p>Chicken Nuggets</p> <p>Hoops / Baton Carrots Chipped Potato / Mash</p> <p>Homemade Banana Cake</p> | <p>"Lunch Bunch" Chicken Curry & Naan Bread Boiled Rice Mashed Potato</p> <p>Spongecake with Custard</p> | <p>Roast Pork & Gravy</p> <p>Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato</p> <p>Cookie</p> | <p>Sausages</p> <p>Beans/ Chipped Potato / Mash Potato</p> <p>Frozen Strawberry Mousse</p> |
| <p>14 October 11 November 9 December 6 January 3 February</p> | <p>Fish Finger "Seadog" served in a finger roll</p> <p>Baked Beans Chipped Potato / Mash Potato</p> <p>Crumble with Custard</p> | <p>Savoury Beef Mince & Crusty Bread</p> <p>Baton Carrots Oven-baked Cubed Potato / Mashed Potato</p> <p>Arctic Roll & Winter Berry Sauce</p> | <p>Chicken & Gravy</p> <p>Seasonal Vegetables / Mashed Potato</p> <p>Sponge & Custard</p> | <p>Roast Gammon & Gravy</p> <p>Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato</p> <p>Chocolate Rice Krispie Square</p> | <p>Crispy Baked Chicken Burger</p> <p>Spaghetti Hoops / Asian Slaw Chipped Potato / Mash Potato</p> <p>Tinned fruit</p> |
| <p>21 October 18 November 16 December 13 January 10 February</p> | <p>Chicken Nuggets</p> <p>Spaghetti Hoops Roast Potato Wedges / Mashed Potatoes</p> <p>Vanilla Ice-Cream</p> | <p>Beef Bolognaise</p> <p>Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta</p> <p>Sponge with Custard</p> | <p>"Lunch Bunch" Chicken Curry & Naan Bread</p> <p>Roast Butternut Squash Mash Potato / Boiled Rice</p> <p>Frozen Smoothie</p> | <p>Roast Beef, Yorkshire Pudding & Gravy</p> <p>Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato</p> <p>Chocolate Cracknel & Custard</p> | <p>Hotdog & Tomato Ketchup</p> <p>Baked Beans Chipped Potato / Mash potato</p> <p>Homemade Oatmeal Biscuit & Fresh Fruit Pot</p> |
| <p>28 October 25 November 23 December 20 January</p> | <p>Oven-Baked Fish Goujons</p> <p>Spaghetti Hoops Chipped Potato / Mash Potato</p> <p>Brownie</p> | <p>Cottage Pie</p> <p>Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Mash potato</p> <p>Ice-cream</p> | <p>"Lunch Bunch" Chicken Curry & Naan Bread</p> <p>Roasted Butternut Squash Boiled Rice / Mashed Potato</p> <p>Sponge with Custard</p> | <p>Turkey & Ham, Gravy</p> <p>Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato</p> <p>Homemade Flapjack & Orange Wedges</p> | <p>Oven-Baked Chicken Nuggets</p> <p>Baked Beans / Chipped Potato / Mash Potato</p> <p>Fruit & Yoghurt</p> |

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO
PRODUCT AVAILABILITY