



# Mitchell House School Newsletter

From school to home, keeping you informed.  
May 2019



## Sun Cream

As we are anticipating the season of some sunshine please remember to apply sun cream to your son/daughter in the morning and send the bottle in their bag for reapplication if necessary. We cannot supply sun cream.

It is advisable to send a hat into school during the next couple of months to offer some shade from strong sun.

## Important Dates

- 6 May – School closed for Bank Holiday
- 27 May – School closed for Bank Holiday
- 31 May – Sponsored Walk
- 6 June – School Formal

## All the best...

At the end of last month, we said goodbye to Alex Miskimmin who is off on a career break to Australia. We wish her all the best on her exciting adventures.

Later in the month Mrs Martin will be leaving for maternity leave. We wish her all the best for her new arrival.

## Sponsored Walk

Our annual Sponsored Walk will be on Friday 31 May. A note with additional details and a sponsorship form will be sent home.

Please come along and support your son/daughter raise money for Friends of Mitchell House.

Friends of Mitchell House are a charity. They are all volunteers (staff, parents, retired staff) who give of their time to fundraise for our pupils.

## Charity

- Staff held a coffee morning to raise money for SOS -Survivors of Suicide - a mental health and wellbeing service for those left behind when someone has completed suicide. It also provides a counselling service for those who have made an attempt on their own lives. We raised £131.70.

They run our two school mini-buses, secure funding for music therapy, sponsor the school formal, fund the summer scheme and purchase a variety of equipment for the pupils use.

Contact us:

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## Cash for Kids

Many of you will remember that we secured funding from Cash for Kids (Cool FM and Downtown Radio charity) to purchase 4 adapted trikes and a shed.

We were delighted to hold a launch event for the trikes and the amazing wheelchair bicycle that Mr Mayne kindly raised the money to purchase. It was a fun filled morning with photo shoots, balloons and even ice cream!

The lecturers and students at SERC Lisburn heard of our event and held a bun sale to raise money. We are very grateful to them for this money which allowed us to give each pupil in the school an Easter egg or treat.

Mr Robert Neil (a former parent of the school) was extremely generous when he provided ice cream for all the pupils.

We are already getting lots of use out of our bike and trikes. No doubt they will be well used over the coming weeks!

## Annual Reviews

Annual Reviews have now been completed, thank you to everyone who attended.

Remember that you can make an appointment to meet with your son/daughter's teacher at any time. Please phone the school office and they will assist you.

## Sing Out

The Starlings and Sparrows are practicing hard every Wednesday for their Sing Out performance on 5 June. This is a performance involving a number of other Special Schools co-ordinated by The School of Music.

The performance will be held in Fleming Fulton School on Wednesday 5 June at 10.30 am. We would encourage parents of pupils in the Starlings and Sparrows to attend to support our fantastic singers!

## Healthy Eating

Please remember that lunch boxes and snacks should contain healthy foods, as far as possible. We are aware that some of our pupils require higher calorie foods for dietary reasons but where possible foods should be healthy. We all love a wee treat occasionally and that's ok!

## Outings and Activities

Classes have organised a summer outing or activity in school for pupils to enjoy. Look out for a note or email giving you details of the specific outing/activity your son/daughter will be involved in.

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