

# Mitchell House School

# Menu 2019 – 2020



**school  
food**

*Try Something New today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit,  
Yoghurt, Milk & Water  
are available daily.

If you require any additional  
information on allergens or  
special diets please contact  
the school in the first instance.

*Healthy  
Eating*



	Monday	Tuesday	Wednesday	Thursday	Friday
Week <b>1</b>	Fish Fingers Tuna Mayo Sub Roll  Chips / Carrots Salad / Coleslaw  Jam Sponge / Custard	Savoury Mince  Carrots / Parsnips Creamed Potatoes  Ice-cream / Fresh Fruit / Yoghurt	Roast Beef in Gravy  Carrots / Broccoli Creamed Potatoes  Fresh Fruit / Yoghurt	Chicken Goujons Ham Sub Roll / Salad  Beans / Broccoli Mashed Potatoes  Apple Crumble / Custard	Cheese + Tomato Pizza Sausages in Gravy Sausage Meat (Specials)  Salad / Beans / Mash Mini Roast Potatoes  Shortbread / Milk Custard (Specials)
Week <b>2</b>	Lentil Soup Hotdog Cheese Roll  Potatoes for Soup Tossed Salad  Fresh Fruit / Yoghurt	Sausage Meat Pie  Cauliflower Mashed Potatoes  Rice Pudding / Jam Sauce	Roast Turkey  Broccoli Roast + Mashed Potatoes  Angel Delight with Chocolate Shavings	Pasta Bolognese Chicken Mayo Sub Roll  Crusty Bread Salad / Carrots  Jam Sponge / Custard	Breaded Fish Codes Lasagne  Salad / Coleslaw Baked Beans Roast + Mashed Potatoes  Artic Roll
Week <b>3</b>	Chicken Curry + Rice  Naan Bread Cauliflower / Potato  Shortbread / Custard	Shepherd's Pie Pizza / Salad / Coleslaw  Carrots Creamed Potatoes  Angel Delight	Sausage Meat Pie Chicken Goujons  Baked Beans Mashed Potatoes  Chocolate Muffin / Milk Custard (Specials)	Roast Pork in Gravy  Broccoli Mashed Potatoes  Iced Sponge / Custard	Chicken Soup Selection of Subs + Wraps  Salad / Coleslaw  Melon / Grapes
Week <b>4</b>	Homemade Vegetable Soup Hotdog + Tossed Salad Cheese Roll  Selection of Yoghurts	Chicken Curry + Rice  Naan Bread / Carrots Mashed Potato (Specials)  Angel Delight	Roast Turkey  Diced Turnip Creamed Potatoes  Rice Pudding + Oranges	Pasta Bolognese Ham Sub Roll / Salad Coleslaw / Crusty Bread  Mixed Vegetables Cauliflower  Chocolate Sponge / Custard	Fish Fingers Mince Stew / crusty Bread  Baked Beans Roast + Mashed Potatoes  Ice-lolly

**Please note:** There may be last minute unforeseen changes to the menu due to incorrect food deliveries etc...