

Youth Matters is an exciting service which organises activities and personal development programmes that gives young people with disabilities the opportunities to meet new people, make new friends and have fun!

Parents will need to complete our information form to make sure we can provide support needed and have all the necessary contact details before a child can attend any activity

These activities are designed for children and young people aged under 18, with physical/ sensory disabilities, Acquired Brain Injury , ASD or other health and medical conditions. Activities are most suited to young people who can engage in group based activities in an inclusive setting.

Please note that due to child protection laws parents and carers cannot attend activities unless stated otherwise.

CONTACT

Gillian Boyd

Cedar

Children & Young Peoples Services

Ravenhill Reach

Ormeau Embankment

Belfast

BT6 8RB

02890 461834



**Summer Schemes
2017
Belfast, Northern and
South Eastern Areas**

Hello Summer!!

Dear Parents/Carers and Young People,

We have a packed summer of inclusive summer schemes and activities planned across the Belfast, South Eastern and Northern Trusts.

Cedar has subsidised some of our schemes and we have worked with our partners to reduce costs where possible. This means each of our summer schemes cost £25 or less.

Cedar staff will provide support for young people with mobility, personal care, epilepsy management and social interaction etc. If the cost of activities and schemes is a barrier to participation please speak to Gillian on or before the 1st June.

Call or Email Gillian for more information

02890 461834 ext 205 or

g.boyd@cedar-foundation.org

**Please see booking information
for dates from which places can
be booked.**



Transitions Personal

Development programme

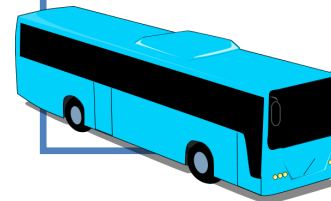
**Promoting Independence: Getting
Ready to Move on**

7th, 8th & 9th August

A fun filled interactive programme for young people aged 15 +. Young people will have the opportunity to plan and organise a day out themselves. This programme will include developing skills such as; route planning to Belfast City centre, travelling to college independently and various fun social activities.

The programme will be delivered by our Transitions team and will be designed to support young peoples independence. As part of this the young people will be responsible for paying for themselves at each days activity.

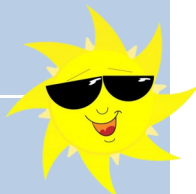
A detailed programme of activity for the sessions will be sent out to all young people who sign up over the coming weeks.



August Activities 2016

Most activities are **Free** but for some you may want to bring spending money! As we live in Northern Ireland it's probably a good idea to always bring a coat

31st July	0-13 YRS Transport Museum	FREE
11-1:30PM	Cultra	
1ST AUG	0-13YRS Folk Museum Cultra	FREE
11-1:30pm		
2ND AUG	0-13 YRS Antrim Castle Gardens	FREE
11-1:30PM		
3RD AUG	0-13YRS Ulster Museum	FREE
11-1:30PM		
4TH AUG	0-13YRS Wallace Park + Lisburn Museum	FREE
11-1:30PM		
14-15TH AUG	11-1:30am Each day Bangor Mini Scheme Arts & Crafts etc	Free
16-17th Aug	11-1:30pm Each Day Lisburn Mini Scheme Arts & Crafts @ Museum	Free
17-18th Aug	3-5pm Each Day Belfast Mini-Scheme @ Ravenhill Reach	Free
14th Aug	14-18yrs Adventure Golf 5-7pm @ Antrim	Free
15th Aug	14-18 yrs Jack Straws Board game café Dundonald 3-6pm	Free
16th Aug	14-18 yrs 4-7pm Bowling + food Lisburn 3-5pm	£10



Booking Information

Places on Schemes and Activities can be booked from Thursday 1st June after 11am.

Payment and forms are due Friday 9th June. Places not paid for by 9th June will be reallocated to those on the waiting list.

To book a place please call
Gillian on 028 9046 1834 ext 205
or email

g.boyd@cedar-foundation.org
AFTER 11AM ON 1/6/17.

Activities and schemes are dependant on numbers signing up and are subject to change or cancellation if required numbers of young people do not sign up.

No bookings for places will be taken after 5th June

3rd-7th July 2017

Lisburn Leisureplex

Drop Off	9:30am	Pick-Up	3pm
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17th-21st July

Olympia Leisure Centre

Drop Off	10am	Pick-Up	3pm
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Enjoy 3 sessions per day filled with a wide range of activities for 5-14 year olds including:

Swimming (Aqualand and Lazy River @ Lisburn)

Bouncy Castles & Inflatable Assault course

Trips to Cinema

Arts & Crafts

Tennis, Football, Basketball

Dance and Loads More



Young people will need to bring a packed lunch. Bring your swim gear everyday and don't forget your towel!!

A quiet area is available for chill-out periods



24th-28th July 2016

Antrim Scheme



Drop off is 10:30am Pick up is 1pm

Venue: Junction 1 Retail Park Cost: £25

These programmes will be tailored around the young people who sign up so an activity programme will be sent to attendees 2 weeks after registration.

Activities may include Arts & Crafts, Shopping, Funky Monkeys, Cinema, Shopping Trips & play



INVASION CEDAR



End of summer celebration for all our families

Ravenhill Reach

Saturday 19th August

11am-1pm



Please let us know how many people you wish to bring and dietary needs