

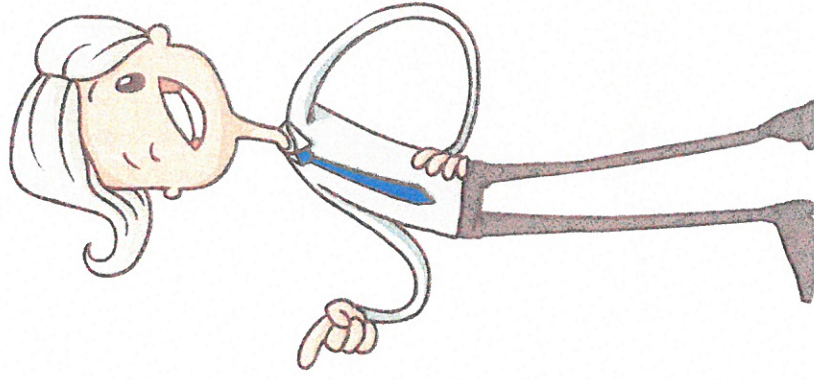
ST PAULS MENU WEEK 1-4

school food

Try Something New Today
www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If you require any additional information on allergens or special diets please contact the school in the first instance.



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven baked pork Sausages Baked beans Mash potatoes Creamed Rice Pudding Fruit Salad	Pasta Bolognese/salad seasonalVegetables Mashed Potatoes Fruit Sponge Custard	Salmon Fish cakes Peas/Sweet corn Chips/mashed Potatoes Flake meal Biscuit Raspberry Milkshake	Roast Chicken/Stuffing Carrots/broccoli/Gravy Oven Roast & Mash Potato Jelly & Fruit Ice Cream	Vegetable Soup * Beef Burger & Bap Coleslaw/Salad Frozen Strawberry Mousse & Fruit
Week Two	Cod Fish Fingers Peas/Salad/Coleslaw Chips/Baked Potatoes Fruit Crumble Custard	Mild Chicken Curry Boiled Rice Nan Bread Chocolate Sponge & Custard	Roast Gammon/ Gravy * Cabbage Oven Roast & Mashed Potatoes Yoghurt & Fruit	Sausage Meat Pie Baked Beans Mashed potatoes Fruit Muffin Fresh Fruit & Milk	Irish Stew Filled Baked Potato Flakemeal Biscuit Milkshake/Fruit
Week Three	Pasta Bolognese Medley Mixed Vegetables Mashed Potatoes Creamed Rice Pudding & Fruit Salad	Chicken Fillets &stuffing Gravy.* Carrots/Sweet Corn Mashed Potatoes Jelly & Fruit	Breaded Fish Baked Beans Chips/Baked Potatoes Arctic Roll Fruit Salad	Roast Beef / & Gravy Broccoli Oven Roast & Mash Potatoes Jam & Coconut Sponge Custard	Vegetable & Chicken Soup Hotdogs Salad/Coleslaw Frozen Mousse & Fruit/Milk
Week Four	Chicken Nuggets Beans/Coleslaw Chips/ Baked Potatoes Yoghurt & Fruit	Beef Burger & Gravy Cairrots Mashed Potatoes Date Fudge & Custard	Beef & Vegetable Casserole Mixed Vegetables Mashed Potatoes / Rice Chocolate Sponge & Custard	Roast Turkey/Stuffing * Carrots/Broccoli/Gravy Oven Roast/Mashed Potatoes Ice Cream/Pears & Chocolate Sauce	Cod Fish Fingers * Sweet corn Mashed Potatoes Flake Meal Biscuit Fresh Fruit Strawberry Milkshake

ST PAUL'S MENU Week 5 - 8

	Monday	Tuesday	Wednesday	Thursday	Friday
Week FIVE	Chicken Goujons Sweet corn/Gravy Chips/Jacket Potatoes	Pasta Bolognaise * Peas & Carrots Mashed Potatoes	Oven Baked Codie's Baked Beans Mashed Potatoes	Roast Loiri Pork * Broccoli & Carrots Stuffing & Gravy Creamed & Oven Roast Potatoes	Chicken & Vegetable Soup Beef Burger & Bap Coleslaw/Salad
	Rice Pudding Fresh Fruit Salad	Vanilla Ice Cream Fruit Salad & Chocolate Sauce	Jam & Coconut Sponge Custard Sauce	Cheese & Crackers Melon/Pineapple	Shortbread Biscuit Milkshake & Fresh Fruit
Week SIX	Oven Baked Pork Sausages Baked Beans Chips/Jacket Potatoes Selection of Yoghurts Fresh Fruit Salad	Chicken Curry * Boiled Rice/Naan Bread Chicken Casserole Sweetcorn Mashed Potatoes Fruit Muffin & Fruit Raspberry Milkshake	Oven Baked Salmon Fish Cake/Codie's Peas/Coleslaw Mashed Potatoes Chocolate & Mandarin Sponge & Custard	Roast Beef * Carrots/Broccoli Stuffing & Gravy Creamed & Oven Roast Potatoes Artic Roll Fresh Fruit	Beef Stew Carrot Batons Creamed Potatoes Strawberry Jelly, fruit and Ice Cream
Week SEVEN	Oven Baked Cod Fish Fingers Baked Beans Mashed Potatoes Vanilla Sponge Cake Custard Sauce	Chicken Curry * Boiled Rice/Naan Bread Chicken Casserole Sweetcorn Mashed Potatoes Strawberry Shortcake Pots or Banoffee Pots	Roast Gammon * Shredded Cabbage Stuffing & Gravy Creamed & Oven Roast Potatoes Frozen Raspberry Mousse & Fresh Fruit	Roast Ham & Cheese Pizza Peas/Coleslaw/Salad Chips/Baked Potatoes Rice Pudding Fresh Fruit Salad	Oven Baked Sausages Peas & Sweet corn Gravy Mashed Potatoes Ginger Biscuits Raspberry Milkshake Fresh Fruit
Week EIGHT	Chicken Nuggets Sweet corn/Gravy Diced Herb Potatoes Steamed Chocolate Sponge & Custard	Spaghetti Bolognaise * Wheaten Bread Tossed Salad Baby Boiled Potatoes Frozen Strawberry Mousse Fresh Fruit Salad	Whiting Fillet in a Crumb Coating Baked Beans Mashed Potatoes Date Fudge Custard Sauce	Roast Turkey * Peas & Carrots Stuffing & Gravy Creamed & Oven Roast Potatoes Raspberry & Chocolate Delight	Vegetable & Chicken Soup Beef Burger & Bap Coleslaw/Salad Fruit Muffin & Fresh Fruit Strawberry Milkshake

school food

try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily

If you require any additional
information on allergens or special
diets please contact the school in the
first instance

