

All staff at WPS think your health and safety are the most important job we have. We are here to teach you how to protect yourself and stay safe • protect you from harm

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 $\cdot$  make sure nothing stops you from being healthy or developing properly

· make sure you are safely looked after

 $\cdot$  make sure you have the best life chances and can grow up happy and successful

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## How?

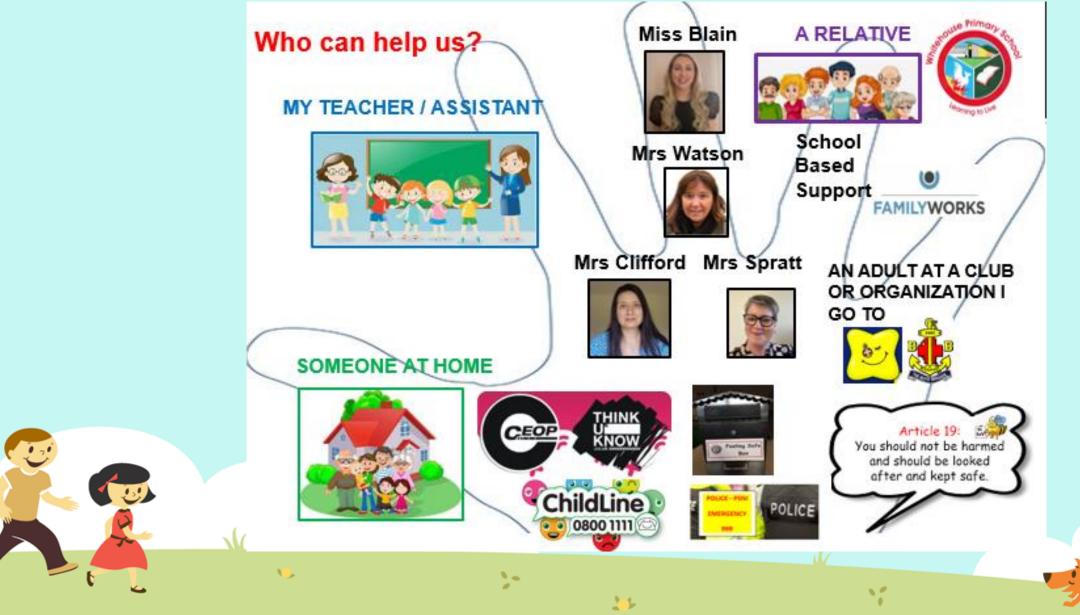
- we will make sure our school is safe for you
- $\cdot$  we help to ensure that you remain safe at home as well as at school
- $\cdot$  to help you to know where to get help if you are worried or unhappy about something

# WHO TO KNOW IN SCHOOL

 you can talk to any adult in school, but some staff have a key responsibility for making sure you are safe and well cared for.



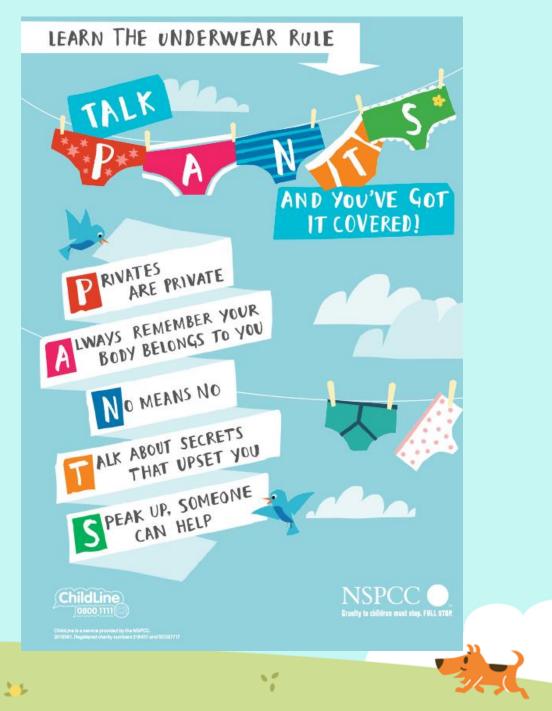
### WPS Helping Hand



### What do we want to keep you safe from?

- · anyone deliberately hurting you
- if anyone says or does things that makes you feel bad, sad, upset or frightened.
- if anyone shouts, threatens, hits or hurts someone you love which makes you scared, unhappy or worried.
- · if someone doesn't take proper care of you
- if someone touches you in places that are wrong
- if someone makes you look at or do things which make you feel uncomfortable





ImagineIf is a school based counselling service that is available to pupils and families and is funded by WPS.

#### ImagineIf Primary School Counselling Service

We are the largest school counselling service in Northern Ireland, supporting young people in over 200 schools

We provide one-to-one counselling and group work for P1-P7 pupils. Sessions take place in school.

We work with a range of issues including:

- Bereavement
- Family issues
- School-related worries
- Friendship difficulties
- Dealing with anger
- Managing anxiety
- Developing confidence
- Building resilience

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Referrals can be made through our website - <u>https://imagineif.org.uk/primary-schools</u> imagine<sup>®</sup>

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#### IF YOU NEED TO TALK -WE WILL LISTEN.



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