

# St Eithne's PS School Lunch Menu 2023/2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> Week beginning: AUG 28, SEPT 25, OCT 23 NOV 20, DEC 18, JAN 22	Pasta Bolognese with Garlic Bread Or Fish Goujon in Soft Shell Taco & Zingy Tomato Salsa Garlic Bread Baked Beans /Tossed Salad  Mashed Potatoes Yoghurt / Fresh Fruit	Classic Margherita Pizza Or Italian Chicken & Tomato Pasta Broccoli /Coleslaw Chipped Potatoes/ Mashed Potatoes  Strawberry Mousse & Fruit	Lunch Bunch Chicken Curry & Naan Bread Or Crispy Cod Fishcake Garlic & Lemon Mayo Garden Peas/Sweetcorn Boiled Rice/Oven Wedges Mashed Potato  Chocolate Sponge & Custard	Roast Pork, Stuffing & Gravy Or Chicken Panini / Dressed Salad  Carrots & Broccoli Mashed Potato / Oven Roast Potato  Strawberry Jelly & Fruit	Hot Dog With Tomato Ketchup Or Creamy Chicken & Vegetable Bake  Coleslaw/Tossed Salad Chipped Potatoes/Mashed Potato  Fresh Fruit & Shortbread.
<b>Week 2</b> Week beginning: SEP 04, OCT 02, OCT 30, NOV 27, JAN 01, JAN 29	Sausage Roll Or Sweet and Sour Chicken & Rice  Spaghetti Hoops & Garden Peas Chipped Potatoes / Mashed Potato Ice Cream, Chocolate Sauce and Sliced Pears	Pasta Bolognese with Garlic Bread Or Oven Baked Salmon Sweetcorn/Tossed Salad Mashed Potato  Iced Sponge & Custard	Lunch Bunch Chicken Curry & Naan Bread. Or Cheese Pizza.  Garden Peas, Boiled Rice Mashed Potato  Fresh Fruit Salad / Yoghurt	Roast Turkey or Chicken Stuffing & Gravy Or Salad Filled Pitta with Barbeque Pulled Pork Broccoli & Carrots Mashed & Oven Roasted Potatoes  Fruit Muffin & Milkshake	Beef Burger in a Bap with Tomato Ketchup Or Peppered Chicken & Rice Sweetcorn/ Tossed Salad Chipped Potatoes/Rice  Flakemeal Biscuit & Fruit
<b>Week 3</b> Week beginning: SEP 11, OCT 9, NOV 6, DEC 4, JAN 8, FEB 5	Golden Crumbed Fish Fingers Or Mighty Mac 'n' Cheese with Garlic Bread Slice Baked Beans Coleslaw Chipped Potatoes/Mashed Potatoes Artic Roll with Fruit	Margherita Pizza Or Spicy Italian Beef Strips served in a Pitta Pocket with Sweet Chilli Dressing Garden Peas Dressed Salad Homemade Garlic Diced Potatoes Mashed Potato Fresh Fruit & Shortbread	Lunch Bunch Chicken Curry & Naan Bread Or Steakburger in a bap with Cheese & Ketchup Dressed Tossed Salad Boiled Rice Mashed Potatoes Lemon Drizzle Cake & Custard	Roast Gammon, Stuffing & Gravy Or Savoury Mince Pasta with grated Italian Cheese  Carrots & Broccoli Mashed Potato Oven Roast Potatoes  Decorated Fairy Cake.	Tasty Pork Sausages with Tomato Ketchup Or Salt N Chilli Chicken Wrap with Garlic Mayo Mini Corn on the Cob/Spaghetti Hoops Chipped Potatoes/Mashed Potatoes Frozen Mousse
<b>Week 4</b> Week beginning: SEP 18, OCT 16, NOV 13, DEC 11, JAN 15, FEB 12	Spaghetti Bolognese & Garlic Bread Or Cod Fishcakes with Ketchup Garden Peas Oven Baked Potato Wedges Mashed Potatoes  Yoghurt, Fresh Fruit	Cheese Pizza with Garlic Dip Or Tex Mex Beef & Veg Enchilada Mini Corn on the Cob Coleslaw Chipped Potatoes/Baked Potato  Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry & Naan Bread Or Oven Baked Sausages Sweetcorn Baked Beans Boiled Rice Mashed Potatoes Cracknel & Custard	Roast Beef, Stuffing & Gravy Or Stuffed Chicken & Gravy Broccoli & Carrots Mashed Potato Oven Roast Potato Ice Cream, Pears & Chocolate Sauce	Oven Baked Chicken Goujons / Garlic Dip Or Sweet Chilli Chicken Panini Tossed Salad Spaghetti Hoops Chipped Potatoes/Mashed Potatoes Homemade Ginger Biscuit and Fruit

Breads, Milk, Water & Fruit Available Daily, If You Require Additional Information on Allergens or Special Diets, Please Contact the School to complete a Special Diets Application Form