

School Lunch Menu

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

***2 Items from Cook's Salad Selection**
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/8	Spaghetti Bolognese & Homemade Garlic Bread Or Breaded Fish Fingers	Bread of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap	Roast Pork Or Roast Chicken	Hot Dog Or Ciabatta Pizza Slices
27/9	Baton Carrots	Garden Peas	Sweetcorn, *Salad Selection	Herb Stuffing, Gravy	Baked Beans
25/10	Medley of Fresh Vegetables	*Salad Selection	Mashed Potato, Hot Pasta Twists	Fresh Baton Carrots	Peas
22/11	Mashed Potato	Mashed Potato, Baby Boiled Potatoes	Fresh Fruit Selection and Fresh Yoghurt	Broccoli Florets	*Tossed Salad
20/12	Egg Sponge with Jam Topping & Custard	Vanilla Ice Cream, Oranges & Chocolate Sauce	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons	Mashed Potato	Chips, Mashed Potato
WEEK 2 6/9	Chicken Chow Mein Or Steak Burger	Bread of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza	with lemon slice, Tartar Sauce	Rice Krispie Square & Custard	Oat Biscuits & Fresh Fruit Chunks
4/10	Gravy	Baked Beans, Garden Peas	Sweetcorn, *Salad Selection	Roast Breast of Chicken Or Chicken Crumble	Chicken Nuggets Or
1/11	Broccoli Florets	Garden Peas, Tossed Salad	Mashed Potato	Herb Stuffing	Hot Thai flavoured Chicken Wrap
29/11	Fresh Baton Carrots	Pasta Twists	Strawberry Jelly & Ice Cream with Fresh Fruit	Gravy	Salsa Dip, Sweetcorn
	Mashed Potato	Homemade Shortbread Rounds & Custard	Mexican Enchilada Or Oven Baked Sausage	Cauliflower Cheese	*Salad Selection
WEEK 3 13/9	Chocolate Brownie, Pears & Ice Cream	Mac & Cheese Or Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces	Baby Boiled Potatoes	Fresh Diced Carrots / Parsnip, Mashed Potato	Chips
11/10	Baked Beans, Sweetcorn	Baton Carrots, * Salad	Fresh Fruit Selection and Fresh Yoghurt	Sticky Flapjacks & Custard	Baked Potato
8/11	Broccoli Florets	Selection Chips, Mashed Potato	Roast Breast Chicken Or Beef Stew	Chicken Panini Or Roast Turkey	Selection of Fruit and Yoghurt
6/12	Mashed Potato	Raspberry ripple Ice Cream Tub Fresh Fruit Chunks	Herb Stuffing	Herb Stuffing	Traditional Homemade Chicken or Smooth & Hearty Vegetable Soup
WEEK 4 20/9	Chocolate and Orange Egg Sponge & Custard	Chicken Stir Fry & Noodles Or Oven Baked Sausage	Gravy	Cranberry Sauce, Gravy	Steak Burger in Bag, Or Bang Bang Chicken in Hot Baguette
18/10	Bread of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake	Baked Beans	Diced Turnip	Fresh Carrot or Parsnip	Mashed Potato, Tossed Salad
15/11	Garden Peas	Sweetcorn	Fresh Baton Carrots	Fresh Savoy Cabbage	Selection of breads
13/12	Fresh Savoy Cabbage	Mashed Potato	Mashed Potato	Mashed Potato, Hot Pasta Shells	Strawberry Mousse & Fresh Fruit Salad
	Gravy	Flakemeal Biscuit Fingers, Fruit & Custard	Chocolate Brownie & Custard	Shells	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps
	Mashed Potato			Cornflake Square & Custard	* Salad Selection
	Lemon Drizzle Cake & Custard			Spaghetti Bolognese Or Fresh Breaded Fish Fillets Or Salmon fish cake	Sweetcorn
				Lemon Slice and Tartar Sauce,	Traditional Champ
				Broccoli & Cauliflower Florets	Chips
				Mashed Potato	
				Selection of Fruit and Yoghurt	Artic Roll & Fruit Chunks



Rice, Pasta, Potatoes and Gravy can be served Daily
Menu choices subject to deliveries
Fresh Fish May Contain Bones