

EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 September 30 September	Golden Crumbed Fish Fingers Sweetcorn Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Homemade margherita pizza tossed salad Oven Baked Potato Wedges / Baked Potato Golden Krispie square	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Ginger cookie	'chippy day' Oven baked sausages beans and chipped potatoes Frozen fruit yoghurt	Chicken curry and naan bread Steamed rice or Beef bolognese and pasta spirals Sticky date muffin
9 September	Breaded fish fingers and lemon mayo Garden peas Mashed potatoes Ice cream and two fruits fingers	Baked pork sausages & gravy Baked beans and chipped potatoes Jelly pots and fresh fruit	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Fruit Sponge & Custard	Beef burger in bap with onions Chipped potatoes and tossed salad Fresh Fruit Salad & Yoghurt	Chicken curry and naan bread Steamed Rice or BBQ pilled pork pizza wrap with oven roasted garlic and paprika wedges Lemon Shortbread & Melon Wedge
16 September	Beef Bolognese Sweetcorn / Broccoli Pasta Spirals Chocolate chip Cookie	Breaded fish fingers & Lemon Mayo Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Fruit Sponge & Custard	Hot dog with tomato ketchup Spaghetti hoops Chipped potatoes Frozen smoothie	Chicken curry and naan bread Steamed rice Ice-Cream & Mandarin Oranges
23 September	Golden Crumbed Fish Fingers Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Beef bolognese Sweetcorn / Diced Carrots / Pasta spirals Mandarin Orange Sponge & Custard	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Arctic Roll and Peaches	Chicken Goujons & Sweet Chilli Dip Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Homemade Brownie	Chicken curry and naan bread Steamed rice Fruit Muffin & Apple / Orange Juice

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY