

St Josephs Lisburn Menu

**school
food**

Try Something New today
www.schoolfoodni.com

**Bread, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Chicken Goujons	Pasta Bolognaise	Roast Chicken, Gravy, Stuffing	Oven Baked Fish	Carrot, Lentil & Coriander
6.01.20	Seasonal Salad/Coleslaw	Or Pork Stroganoff & Rice	Broccoli/Cauliflower	Seasonal Salad	Soup/Crusty Bread
3.02.20	Chips/Jacket Potatoes		Creamed Potatoes	Mashed Potatoes	Beef Burger & Bap
2.03.20	Or Home Made Cheese		or Savoury rice	Baked Beans	Salad/Coleslaw
30.03.20	& Tomato Pizza			Or Chicken Curry & Rice	Or Cheese & Tomato Wrap
27.04.20				Naan Bread	
25.05.20	Creamy Rice Pudding	Vanilla Ice Cream, Pears	Crackers, cheese		Shortbread, Fresh Fruit
22.06.20	Fresh Fruit Salad	Chocolate Sauce	Selection of Fresh Fruit	Fruit Crumble & Custard	Milkshake
Week Two	Salmon Bites	Savoury Mince Beef Pie	Roast Beef, Gravy, Stuffing	Chicken Curry & Rice	Oven Baked Pork Sausages
13.01.20	Peas/Carrots	Steamed Broccoli	Carrots & Parsnips	Naan Bread	Baked Beans
10.02.20	Mashed Potatoes	Mashed Potatoes	Oven Roast And Mashed	Or Cheese & Ham Baguette	Chips/Jacket Potato
9.03.20	Or Chicken Casserole	Or Tomato & Basil Pasta Bake	Potatoes	Seasonal Salad	
6.04.20					
4.05.20					
1.06.20		Shortbread & Fresh Fruit	Chocolate Sponge & Custard		Fruit Muffin
29.06.20	Arctic Roll & Fruit	Salad		Yoghurts, Fresh Fruit Saad	Milkshake
Week Three	Fish Fingers	Chicken Curry & Rice	Roast Gammon, Gravy,	Oven Baked Sausages	Ham & Cheese Pizza
20.01.20	Oven Baked Diced Herb	Naan Bread	Stuffing	Gravy	Chips/Jacket Potato
17.02.20	Potatoes/Baked Potatoes	Chicken Casserole	Peas, Carrots	Creamed potatoes	Or Mexican Chilli Beef with
16.03.20	Baked Beans	Mashed Potatoes	Oven Roast And Mashed	Mixed Vegetables	noodles
13.04.20	Or Pasta Carbonara	Baton Carrots	Potatoes	Or Tuna Wrap	
11.05.20				Seasonal Salad/Coleslaw	
8.06.20	Frozen Strawberry Mousse	Banoffee pot/ Strawberry	vanilla sponge and custard		
	Fresh Fruit	shortcake	Selection of Fresh Fruit	Flakemeal biscuit/Fruit	Melon Wedges
Week Four	Oven Baked Chicken Nuggets	Beef Casserole	Whiting Fillet in Crumb Coating	Chicken Curry & Rice	Homemade Vegetable soup
27.01.20	Oven Baked diced Herb	Peas/Carrots	Baked Beans	Naan Bread	Crusty Bread
24.02.20	Potatoes/Baked Potatoes	Creamed Potatoes	Mashed Potatoes	Or Sweet Chilli Chicken	Hot Dog
23.03.20	Sweetcorn/ Coleslaw	Or Beef in Black Bean Sauce	Or Macaroni Cheese	Baguette	Or Ham & Cheese Wrap
20.04.20	Or Chicken Salad Wrap	& Rice	Seasonal Salad	Seasonal Salad	Seasonal Salad
18.05.20	Frozen Fruit Mousse				
15.06.20	Fresh Fruit Salad	Chocolate sponge & Custard	Flakemeal biscuit/ Fruit	Ginger Cookie & Fresh Fruit	Fruit Muffin & Milkshake

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