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# EAT SMART WEEK THE LUNCH BUNCH

WEEK BEGINNING:  
16TH FEBRUARY, 16TH MARCH,  
13TH APRIL, 11TH MAY, 8TH JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Mains</b></p> <p>Baked Fish Goujons with Lemon Mayo - Or - Classic Margherita Pizza</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Baked Beans Chipped Potatoes &amp; Baked Potato</p> <p><b>Dessert</b></p> <p>Selection of Fruit Yoghurt Pots</p>	<p><b>Mains</b></p> <p>Homemade Beef Bolognese - Or - Penne Pasta and Tomato Bake with Herb Crust</p> <p><b>Side Dishes</b></p> <p>Baton Carrots &amp; Green Beans Fusilli Pasta &amp; Fresh Seasonal Salad</p> <p><b>Dessert</b></p> <p>Mandarin Orange Sponge with Custard</p>	<p><b>Mains</b></p> <p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread - Or - Cheese and Tomato Panini Melt with Coleslaw</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Fresh Seasonal Salad Steamed Rice &amp; Oven Roast Wedges</p> <p><b>Dessert</b></p> <p>Peach and Raspberry Traybake Trifle</p>	<p><b>Mains</b></p> <p>Roast Pork with Stuffing and Rich Gravy - Or - Creamy Pepper Chicken</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Cauliflower Mashed Potatoes &amp; Oven Roast Potatoes</p> <p><b>Dessert</b></p> <p>Chocolate and Pear Sponge Cake</p>	<p><b>Mains</b></p> <p>Hot Dog with Tomato Ketchup - Or - Baked Potato with Butter Beans in Tomato Sauce &amp; Cheese Melt</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Mini Corn on the Cob Chipped Potatoes &amp; Baked Potato</p> <p><b>Dessert</b></p> <p>Vanilla Ice Cream with Sliced Pears</p>

MILK, WATER, BREAD & FRESH FRUIT  
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL.

MENU SUBJECT TO  
PRODUCT AVAILABILITY



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# EAT SMART WEEK THE LUNCH BUNCH

WEEK BEGINNING:  
23RD FEBRUARY, 23RD MARCH,  
20TH APRIL, 18TH MAY, 15TH JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b> Golden Baked Cod Bites - Or - Sweet Potato and Chicken Bake	<b>Mains</b> Mild Beef Chilli - Or - Classic Margherita Pizza	<b>Mains</b> Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Oven Roasted Vegetable Sausages with Tomato & Bean Stew	<b>Mains</b> Roast Turkey with Stuffing and Rich Gravy - Or - Roast Quorn Fillet with Rich Gravy	<b>Mains</b> Cheeseburger with Tomato Ketchup - Or - Chicken Caesar Wrap
<b>Side Dishes</b> Steamed Broccoli & Baked Beans  Chipped Potatoes & Baked Potato	<b>Side Dishes</b> Sweetcorn, Fresh Seasonal Salad & Coleslaw  Steamed Rice & Oven Roast Wedges	<b>Side Dishes</b> Garden Peas & Diced Carrots  Steamed Rice & Mashed Potatoes	<b>Side Dishes</b> Roast Carrots & Spring Cabbage  Mashed Potatoes & Oven Roast Potatoes	<b>Side Dishes</b> Mini Corn on the Cob & Crunchy Veggie Sticks  Chipped Potatoes & Baby Potatoes
<b>Dessert</b> Frozen Strawberry Yoghurt and Fruit Tub	<b>Dessert</b> Homemade Apple Sponge with Custard	<b>Dessert</b> Fresh Fruit Salad with Strawberry Yoghurt	<b>Dessert</b> Fruit Muffin and Milkshake	<b>Dessert</b> Oatmeal Biscuit with Orange Wedges

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# EAT SMART WEEK THE LUNCH BUNCH

WEEK BEGINNING:  
2ND MARCH, 30TH MARCH,  
27TH APRIL, 25TH MAY, 22ND JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b> Golden Crumbed Fish Fingers - Or - Mighty Mac 'n' Cheese	<b>Mains</b> Homemade Beef Bolognese - Or - Spring Frittata with Coleslaw	<b>Mains</b> Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Chilli and Garlic Quorn Bites	<b>Mains</b> Roast Gammon with Stuffing and Rich Gravy - Or - Savoury Mince	<b>Mains</b> Baked Pork Sausages - Or - Cheese and Tomato Deli Roll with Fresh Seasonal Salad
<b>Side Dishes</b> Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes	<b>Side Dishes</b> Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes	<b>Side Dishes</b> Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges	<b>Side Dishes</b> Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes	<b>Side Dishes</b> Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes
<b>Dessert</b> Banana-flavoured Mousse	<b>Dessert</b> Summer Fruit Sponge Finger	<b>Dessert</b> Blueberry and Lemon Sponge with Custard	<b>Dessert</b> Jelly Whip with Mandarin Oranges	<b>Dessert</b> Frozen Vanilla Yoghurt with Melon Wedge

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# EAT SMART WEEK THE LUNCH BUNCH

WEEK BEGINNING:  
9TH MARCH, 6TH APRIL, 4TH MAY,  
1ST JUNE, 29TH JUNE



## MONDAY

### Mains

Homemade Beef Bolognese  
- Or -  
Chicken Stroganoff

### Side Dishes

Baton Carrots &  
Steamed Broccoli

Fusilli Pasta &  
Oven Roast Wedges

### Dessert

Melon, Mandarin and  
Pineapple Pot

## TUESDAY

### Mains

Ham and Cheese Pizza  
- Or -  
Mediterranean Roasted  
Vegetable Quesadilla with  
Hummus

### Side Dishes

Sweetcorn & Coleslaw

Chipped Potatoes &  
Baby Potatoes

### Dessert

Raspberry Jelly with  
Two Fruits

## WEDNESDAY

### Mains

Lunch Bunch Chicken Curry  
& Mini Naan Bread  
- Or -  
Tex-Mex Beef and Veg  
Tortilla Boat

### Side Dishes

Garden Peas & Roast  
Butternut Squash

Steamed Rice & Potato Salad

### Dessert

Pineapple Upside Down  
Cake with Custard

## THURSDAY

### Mains

Roast Beef with Yorkshire  
Pudding, Stuffing and Rich  
Gravy  
- Or -  
Baked Salmon and Tomato  
Pasta

### Side Dishes

Roast Carrot & Cauliflower

Mashed Potatoes & Oven  
Roast Potatoes

### Dessert

Chocolate-flavoured Mousse  
with Chopped Fruit

## FRIDAY

### Mains

Oven Baked Chicken  
Goujons  
- Or -  
Tuna and Pasta Salad

### Side Dishes

Garden Peas & Baked Beans

Chipped Potatoes, Baked  
Potato & Fresh Seasonal  
Salad

### Dessert

Homemade Flakemeal  
Biscuit with Melon Wedge

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