

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7 October 4 November 2 December 30 December 27 January	Oven-Baked Fish Fingers Baked Beans / Marrowfat Peas Pasta Spirals / Oven-baked Wedges Vanilla Ice-Cream, with Pears & Butterscotch Sauce	Homemade BBQ Chicken Pizza Coleslaw / Baton Carrots Chipped Potato / Baked Potato Homemade Banana Cake	"Lunch Bunch" Chicken Curry & Naan Bread Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato Chocolate & Raspberry Spongecake with Custard	Roast Pork, Stuffing & Gravy Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Home-baked Popcorn Cookie & Orange Wedges	Beef Burger & Bap Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato Frozen Strawberry Mousse
14 October 11 November 9 December 6 January 3 February	Fish Finger "Seadog" served in a finger roll Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato Apple & Pear Crumble with Custard	Savoury Beef Mince & Crusty Bread Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato Arctic Roll & Winter Berry Sauce	Peppered Chicken Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice Home-baked Jam & Coconut Sponge & Custard	Roast Gammon, Stuffing & Gravy Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Rice Krispie Square	Crispy Baked Chicken Burger & Bap Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato Raspberry Jelly & Peach Slices
21 October 18 November 16 December 13 January 10 February	Homemade Ham & Cheese Pizza Spaghetti Hoops / Mini Corn-on-the-Cob Roast Potato Wedges / Mashed Potatoes Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Beef Bolognaise Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard	"Lunch Bunch" Chicken Curry & Naan Bread Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice Frozen Smoothie	Roast Beef, Yorkshire Pudding & Gravy Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Chocolate Cracknel & Custard	Hotdog & Tomato Ketchup Coleslaw / Baked Beans Chipped Potato / Pasta Salad Homemade Oatmeal Biscuit & Fresh Fruit Pot
28 October 25 November 23 December 20 January	Oven-Baked Fish Goujons Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Baked Potato Chocolate & Raspberry Brownie	Cottage Pie Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals Ice-cream, Jelly & Two Fruit	"Lunch Bunch" Chicken Curry & Naan Bread Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge with Custard	Turkey & Ham, Stuffing, Gravy Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato Homemade Flapjack & Orange Wedges	Oven-Baked Chicken Nuggets Baked Beans / Garden Peas Chipped Potato / Baked Potato Choice of Fruit Yoghurt Pot

MEMBERSHIP: £10 PER YEAR (INCLUDES ALL LUNCHES OR HAVE SPENDING MONEY) - ALL LUNCHES ARE AVAILABLE DAILY

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