



**EDUCATION AUTHORITY – NORTH EASTERN REGION - MEAL PLAN SCHOOL MEALS KITCHEN - NO CHOICE MENU**

	Week 1	Week 2	Week 3	Week 4
<b>Monday</b>	Breaded Fish, beans & potatoes & Muffin & Custard	Chicken Bites, Chips Or Mashed Potatoes & Beans. & Fruit & Assorted yogurts	Chicken Curry, Naan Bread, Sweetcorn and Rice. & Muffin & Custard.	Fish bites, Peas & Potatoes & Chocolate brownies & Custard
<b>Tuesday</b>	Chicken Curry, Rice, Naan Bread & Sweetcorn. & Chocolate cookies & Jelly tub (Sugar Free)	Picnic Day: Selection of sandwiches, grilled chicken finger, tortilla pin wheels, mini rice pots & carrot sticks & Crackers, Cheese & Grapes/Apples	Vegetable soup & Beef Burger & Flapjack & custard	Chicken Bites, Chips Or Mashed Potatoes & Beans. & Fruit & Assorted yogurts
<b>Wednesday</b>	Pasta Bolognaise, cheese & crusty bread & Flapjack & Custard	Lasagne, garlic bread & coleslaw & Brownies & Custard	Pasta Bolognaise, cheese & crusty bread & Chocolate cookies & Jelly tub (Sugar Free)	Irish Stew & Crusty Bread & Chocolate Muffin & Custard
<b>Thursday</b>	Hotdog, Sweetcorn, Chips Or Potatoes. & Fruit & Assorted yogurts	Fish fingers, peas, potatoes & tomato sauce & Popcorn cookie & Custard	Sausage, beans, chips or potatoes & Fruit & Assorted yogurts	Italian Day: Mini pizzas, marinated chicken finger, pasta carbonara pot & garlic bread Fresh tomatoes and cucumber Popcorn cookie & selection of angel delight
<b>Friday</b>	Chicken, Mashed & Roast Potatoes, Carrots, Peas, Stuffing & Gravy. & Vanilla ice cream tub & fruit	Roast Pork, Carrots, Broccoli, Mashed and Roast Potatoes, Stuffing and Gravy. & Frozen Chocolate mousse & fruit.	Chicken, Carrots, Turnip, Mashed and Roast Potatoes, Stuffing and Gravy. & Vanilla ice cream tub & fruit	Roast Pork, Carrots, Cabbage, Mashed and Roast Potatoes, Stuffing and Gravy. & Frozen Raspberry mousse & Fruit

**NB: Milk, water and fresh fruit served alongside every set meal.**

For further information on allergenic ingredients please contact the school. Menu may change subject to deliveries.