

MEASLES

It's more than just a rash

Get vaccinated with MMR

The Measles, Mumps and Rubella (MMR) vaccination is the safest and most effective way to protect against these diseases. You need two doses of MMR to be fully protected.

For anyone aged 12 months to 25 years who hasn't had one or both doses, catch-up vaccination is available.

For more information, see www.nidirect.gov.uk/mmr

