



# St. Patrick's Primary School, Newtownstewart

## Care in the Sun Policy

### **Rationale**

Research has shown that too much sun can cause skin damage including sunburn, premature ageing and skin cancer. A simple sunburn in childhood can lead to long-term skin damage and may increase the risk of melanoma in later life.

### **Aims**

Ensure all children are safe in the sun  
To promote awareness of sun safety



### **Sunscreen**

When it is very warm children will have outdoor play first thing in the morning. The amount of time children spend in the sun after 11am will be closely monitored except for normal break times. We may however have story or music time outside in the shade or hut in the garden after this time.

We will therefore ask parents to apply sunscreen before children come to school on warm days. We ask that due to air born allergies please ensure there are no nut oils in the cream.

Staff are unable to apply / supply sun creams.

### **Clothing**

Parents will be asked to send in a sunhat that children can keep in school.

It is recommended children wear t-shirts that cover their shoulders and suitable shoes (such as trainers) so that they can continue to take part in physical play.

### **Shade**

The canopy will be used to create a shaded area.

Trees will be utilised to provide natural shade

Where possible equipment and activities will be placed in shaded areas

### **Water**

Children will have access to drinking water throughout the day

### **Awareness of sun safety**

Children will explore sun safety through stories, play and discussions in the third term through topic work and exploring the weather

**Parental Involvement**

Parents will be informed about what we are doing in regards to sun protection and how they can help

Revise 2025