

# Getting Ready for School



## Getting Ready for School

All children are different. Some possess skills which their other friends may just be learning. However, there are some skills which your child can learn which will help him to be more confident about starting school. Please teach your child to...

- 🌀 Recognise their own name
- 🌀 Put on their own coat and zip it up.
- 🌀 Go to the toilet on their own
- 🌀 Blow their own nose
- 🌀 Put their school shoes / PE slippers on
- 🌀 Tidy away toys
- 🌀 Take their jumper off and on
- 🌀 Wash and dry their hands

## First Days at School



Beginning school can be an anxious time for both children and parents.

Here are some ideas which may help make things easier for everyone.

- ② Your feelings will guide your child's emotions. Approach School in a positive way. Don't pass on any negative memories of your own school days!
  
- ② Try to get your child to bed early and avoid last minute rushes in the morning.
  
- ② Encourage them to eat a good breakfast.
  
- ② Encourage your child to come in independently, as much as possible.
  
- ② Be on time to collect your child and make sure they know who is collecting them from school.
  
- ② Please name their school bags, coats, uniform and PE slippers.

## What to Bring

- ④ School Bag



- ④ Lunch box - Healthy break

- ④ PE slippers and a spare pair of pants in a drawstring bag



- ④ Bottle of Water



# P 1 Curriculum - Developing the Whole Child

- ② Learning through Structured Play and Outdoor Play



- ② Learning about the World Around Us through topics

- ② Mental and Practical Maths Activities

- ② Talking and Listening activities



- ② Language and Literacy Games

- ② Reading and Writing



- ② Linguistic Phonics

- ② Arts and Crafts



- ② Physical Education - Monkeynastix/Dance/Tennis/Yoga

- ② Drama and Music

## Helping your Child Learn

Read together. Enjoying books is an important part of learning to read.



Talk and listen to your child. Answer their questions. Talk about the books you read together and interesting things that they see and hear.



Let your child use pencils, crayons, scissors, paintbrushes and glue. Talk to them about the things they make.

Teach your child Nursery Rhymes e.g. Five Little Ducks, One Two Buckle My Shoe.



Encourage them to build with Lego and do puzzles.

Talk to your child about colours and shapes. Encourage them to do practical jobs in the house, e. g pair the socks, handle money, sort the washing into who owns it and help set the table.



# Writing



Your child will be taught to write using the "Nelson Handwriting Scheme". Please see the guide for letter formation used in the Foundation Stage on the following page. If you wish to help your child at home, please make sure he holds a pencil or crayon correctly. Get him to start and finish his letters correctly as bad habits are very difficult to change later.