

Our Lady & St Patricks PS School Lunch Menu: Choice

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/08/21 27/09/21 25/10/21 22/11/21 20/12/21	Steak Casserole Or Italian Pasta Bake Crusty bread Fresh Diced Turnip Tossed Salads Mashed Potato Ice Cream, Fruit & Chocolate Sauce	Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla Wrap Garden Peas Selection of Salads Mashed Potato Fresh Fruit Salad & Yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Homemade Cottage Pie, Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato Carrot Cake & Custard	Roast Loiri Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato Swiss Roll & Custard	Homemade Marguerita Pizza Or Salmon Salad baguette Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Flakemeal & Melon Boat with Yoghurt
WEEK 2 06/09/21 04/10/21 01/11/21 29/11/21	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Or Homemade Cottage pie, Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Homemade Rice Pudding & Peaches	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Or Spicy Chicken Noodles Baked Beans Mushy Peas Tossed salad Mashed Potato Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Italian Lasagne Crunchy Fresh Coleslaw Garden Peas Selection of Salads Mashed Potato Homemade Shortbread & Fruit Pot	Roast Breast of Chicken, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip Dry Oven Roast Potato, Mashed Potato Melon Slice & Yoghurt	Breaded Chicken Goujons Or Hot Thai Chicken Wrap Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Jelly & Ice Cream with Fruit Salad
WEEK 3 13/09/21 11/10/21 08/11/21 06/12/21	Savoury Mince & Onion Or Oriental Chicken Stir-fry with Noodles Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate and Orange Sponge & Custard	Breaded Cod Fish Fingers Or Spanish Meat Balls with Boiled Rice Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato Swiss Roll & Custard Fresh fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Chicken Baguette, Sliced Green Beans Tossed Salad Home Baked Oven Wedges Flakemeal Biscuit & Mandarin orange	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato Homemade Rice Pudding & Peas	Hotdog, Sauté Onions Or Bang Bang Chicken Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips or Baby Boiled Potatoes Raspberry Ripple Ice Cream & Fresh Fruit Salad
WEEK 4 20/09/21 18/10/21 15/11/21 13/12/21	Spaghetti Bolognese with Sliced Crusty Baguette Or Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato Flakemeal Biscuit, Fruit & Custard	Irish Stew Homemade Wheaten Bread Or Breaded Chicken Goujons Gravy Broccoli Florets Sweetcorn Mashed Potato Strawberry Mousse & Fresh Fruit Salad	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Chicken casserole Garden Peas Mashed Fresh Turnip Mashed Potato Lemon Sponge & Custard Fresh Fruit	Roast Breast Chicken Herb Stuffing Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Crispy Oven Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Homemade Marguerita Pizza Or Salt & Chilli Chicken with Boiled Rice Crunchy Fresh Coleslaw Tossed salad Beetroot Salad Traditional Champ Chips Artic Roll & Jelly & Fresh Fruit

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Selection of fresh
salads available
daily

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form