

Sunyle

Our Lady & St Patricks PS Meals Menu

ST JOSEPH'S



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 19/09/22 17/10/22 14/11/22 12/12/22	Breaded Chicken Goujons Sweetcorn, Mashed Potatoes Salad Selection	Baked Beans Mixed Vegetables Mashed Potato <i>Chicken Pasta Bake</i> Fresh Fruit Selection & Yoghurt	Breast of Chicken Curry & Rice Naan Bread Garden Peas	Roast Beef Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes	Steak Burger with Bap Tossed Salad/Coleslaw Chips Baked Potato
WEEK 2 29/08/22 26/09/22 24/10/22 21/11/22 19/12/22	Spaghetti Bolognaise Crusty Bread Tossed salad	Breaded Fish Goujons Sweetcorn Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato	Breaded Chicken Bites Beans Chips Baked Potato Coleslaw
WEEK 3 05/09/22 03/10/22 31/10/22 28/11/22	Pasta Bolognaise Crusty bread Sweetcorn	Salmon Fish Cake/Breaded Fish Baked Beans Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas	Roast Breast of Chicken Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato	Tossed Salad Chips Baked Potato <i>PIZZA</i> Fresh Fruit Selection & Yoghurts
WEEK 4 12/09/22 10/10/22 07/11/22 05/12/22	Oven Baked Sausages Baked Beans Mashed potatoes	Sweetcorn & Peas Mashed Potato <i>Spaghetti Bolognaise</i> Melon, Cheese & Crackers	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Baked Potato	Roast Beef Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed Potato	Chips Baked Potato Coleslaw <i>PIZZA</i> Flakemeal Biscuits & Fruit Chunks

Breads
Milk, Water
A Choice of Fresh
Fruit & Yoghurt
Available Daily

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

Dear Parents,

As from Monday 17th October the school dinner menu will change to 1 choice only. This will be reviewed