

# EAT SMART WEEK

# THE LUNCH BUNCH



WEEK  
BEGINNING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

16th February 16th March 13th April 11th May 8th June	Baked Fish Goujons with Lemon Mayo  Steamed Broccoli & Baked Beans  Chipped Potatoes & Baked Potato  Selection of Fruit Yoghurt Pots	Homemade Beef Bolognese  Baton Carrots & Green Beans  Fusilli Pasta & Fresh Seasonal Salad  Mandarin Orange Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread  Garden Peas & Fresh Seasonal Salad  Steamed Rice & Oven Roast Wedges  Peach & Raspberry Traybake Trifle	Roast Pork with Stuffing and Rich Gravy  Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes  Chocolate and Pear Sponge Cake	Hot Dog with Tomato Ketchup  Garden Peas & Mini Corn on the Cob  Chipped Potatoes & Baked Potato  Vanilla Ice Cream with Sliced Pears
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites  Steamed Broccoli & Baked Beans  Chipped Potatoes & Baked Potato  Frozen Strawberry Yoghurt and Fruit Tub	Mild Beef Chilli  Sweetcorn, Fresh Seasonal Salad & Coleslaw  Steamed Rice & Oven Roast Wedges  Homemade Apple Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread  Garden Peas & Diced Carrots  Steamed Rice & Mashed Potatoes  Fresh Fruit Salad with Strawberry Yoghurt	Roast Turkey with Stuffing and Rich Gravy  Roast Carrots & Spring Cabbage  Mashed Potatoes & Oven Roast Potatoes  Fruit Muffin and Milkshake	Cheeseburger with Tomato Ketchup  Mini Corn on the Cob & Crunchy Veggie Sticks  Chipped Potatoes & Baby Potatoes  Oatmeal Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers  Garden Peas & Spaghetti Hoops  Chipped Potatoes & Mashed Potatoes  Banana-flavoured Mousse	Homemade Beef Bolognese  Steamed Broccoli & Fresh Seasonal Salad  Fusilli Pasta & Herbed Baby Potatoes  Summer Fruit Sponge Finger	Lunch Bunch Chicken Curry & Mini Naan Bread  Green Beans & Baton Carrots  Steamed Rice & Oven Roast Wedges  Blueberry and Lemon Sponge with Custard	Roast Gammon with Stuffing and Rich Gravy  Cauliflower & Roast Butternut Squash  Mashed Potatoes & Oven Roast Potatoes  Jelly Whip with Mandarin Oranges	Baked Pork Sausages  Sweetcorn & Baked Beans  Chipped Potatoes & Mashed Potatoes  Frozen Vanilla Yoghurt with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Homemade Beef Bolognese  Baton Carrots & Steamed Broccoli  Fusilli Pasta & Oven Roast Wedges  Melon, Mandarin and Pineapple Pot	Ham and Cheese Pizza  Sweetcorn & Coleslaw  Chipped Potatoes & Baby Potatoes  Raspberry Jelly with Two Fruits	Lunch Bunch Chicken Curry & Mini Naan Bread  Garden Peas & Roast Butternut Squash  Steamed Rice & Potato Salad  Pineapple Upside Down Cake with Custard	Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy Or Baked Salmon and Tomato Pasta  Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes  Chocolate-flavoured Mousse with Chopped Fruit	Oven Baked Chicken Goujons  Garden Peas & Baked Beans  Chipped Potatoes, Baked Potato & Fresh Seasonal Salad  Homemade Flakemeal Biscuit with Melon Wedge

MILK, WATER, BREAD AND  
FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO  
PRODUCT AVAILABILITY

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR  
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL