

Physical Education Websites:



<https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education#physical-education-pe-and-physical-activity>PE and physical activity: primary

Boogie Beebies

Website: <https://www.bbc.co.uk/programmes/b006mvsc>

Key stages: early years foundation stage

Description: videos that get younger children up and dancing with CBeebies presenters.

Registration: not required

Disney 10 Minute Shakeups

Website: <https://www.nhs.uk/10-minute-shake-up/shake-ups>

Key stages: early years foundation stage to key stage 2

Description: 10-minute activities based on Disney films that count towards a child's 60 active minutes per day.

Registration: not required

Super Movers

Website: <https://www.bbc.co.uk/teach/supermovers>

Key stages: key stage 1 and key stage 2

Description: videos which help children move while they learn. They support curriculum subjects, including maths and English.

Registration: not required

#ThisIsPE

Website: <https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/>

Key stages: key stage 1 and key stage 2

Description: videos delivered by teachers focussing on the PE curriculum which are accessible on YouTube.

Registration: not required