

# School Lunch Menu: Castle Gardens Primary



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 06/06/22	Pasta Bolognese Crusty bread Grated cheese Tossed Salads Veg of the day  Ice Cream and Fruit	Oven Baked Breaded Chicken Goujons Garden Peas Selection of Salads Mashed Potato  Fresh fruit salad & yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables  Carrot Cake & Fruit	Roast of The Day, Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mash and Roast Potatoes  Biscuit and Fresh Fruit	Cod Fish Fingers Sweetcorn, Coleslaw, pasta Salad, Tossed Salad and chips  Fresh fruit with Yoghurt
<b>WEEK 2</b> 13/06/22	Steak casserole Sliced Crusty Baguettes Mashed potato Broccoli Florets  Ice cream & fresh fruit	Fresh Breaded Cod Fish fingers Baked Beans Tossed salad Mashed Potato  Apple Crumble & fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas  Homemade Shortbread & fruit	Roast of the day Herb stuffing, gravy, fresh diced carrot & parsnip Dry roast potato, mashed potato  Melon slice & yoghurt	Breaded Chicken Goujons Selection of Salads, coleslaw Sweetcorn Chips  Jelly and Fruit Salad
<b>WEEK 3</b> 20/06/22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Yoghurt & Fruit	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato  Jam sponge and Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Carrots Tossed salad  Flakemeal biscuit & mandarin orange	Roast of The Day Stuffing, Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes Mashed Potato  Shortbread & Fruit	Hotdog, onions Carrot and Cucumber sticks Coleslaw, Peas Chips  Raspberry ripple Ice Cream & Fresh Fruit
<b>WEEK 4</b> 27/06/22	Breaded Cod Fish Fillets Baked Beans Carrot and Cucumber Sticks Mashed Potato  Flakemeal Biscuit and fruit	Breaded Cod Fish Fillets Baked Beans Carrot and Cucumber Sticks Mashed Potato  Strawberry mousse, Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Coleslaw  Lemon Sponge & Fresh Fruit	Roast of The Day Herb Stuffing Gravy Fresh Baton Carrots/Parsnip Dry Oven Roast Potatoes Mashed Potato  Yoghurt and fresh fruit	Cheese and Tomato Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Chips  Ice Cream & Fresh fruit

**Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily**

**Selection of salads  
available daily**

**If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form**

