

# EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 September 30 September</b>	Golden Crumbed Fish Fingers  Sweetcorn & peas Chipped / Baked Potato / Coleslaw  Ice-Cream, Pears	Homemade Cottage Pie  Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato  Jelly and fruit	Chicken curry & naan bread Or Beef meatballs  Green Beans / Baton Carrots Steamed Rice / Pasta Spirals  Selection of fresh fruit	Roast chicken, Stuffing & Gravy  Broccoli and cauliflower Mashed / Oven Roast Potato  Cookie	Chicken goujons  Beans / Mushy Peas Chipped / Baby New Potatoes  Fresh Fruit and Yoghurt
<b>9 September</b>	Baked Pork Sausages & Gravy  Baked Beans / Garden Peas Chipped / Baked Potato  Ice-Cream & Two Fruits	Breaded fish and lemon mayo  Garden peas/carrots Mash/baby potatoes  Fruit sponge	Chicken curry & naan bread Or BBQ pulled pork wrap  Diced carrots and peas rice  Chocolate mousse	Roast turkey, Stuffing & Gravy  Carrots and peas Mashed / Oven Roast Potato  Fresh Fruit Selection	Beef Burger / Bean Burger in Bap with Onions  Corn on the Cob / Pasta Salad Chipped Potato  Lemon Shortbread & Melon Wedge
<b>16 September</b>	Chicken or fish goujon wrap  salad/ garden peas  Baked potato/chips  Raspberry jelly & two fruits	Beef bolognaise  Sweetcorn, Broccoli Pasta swirls/mashed potato  Chocolate and orange cookie	Chicken Curry & Naan Bread  Diced Carrots & Green Beans Noodles / Rice  Fruit Sponge	Roast chicken, stuffing & gravy  Baton carrots/green beans Mashed / Oven Roast potato  Selection of fresh fruit	Hot Dog / Veggie Dog with Tomato Ketchup  Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes  Ice-Cream & Mandarin Oranges
<b>23 September</b>	Golden Crumbed Fish Fingers  Baked Beans & Garden Peas Chipped / Baked Potato  Homemade Flakemeal Biscuit	Beef bolognaise  Sweetcorn / Diced Carrots / Coleslaw Pasta swirls/wedges  Mandarin Orange sponge	Chicken Curry & Naan Bread  Garden Peas / Baton Carrots Boiled Rice / Mashed Potato  Fresh fruit and yogurt	Roast loin of pork Stuffing & Gravy  Sweetcorn and broccoli Mashed / Oven Roast Potato  fresh fruit selection	Chicken Goujons & Sweet Chilli Dip  Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes  Fruit Muffin & Apple / Orange Juice

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY