



# EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK FOUR

BALLYKEEL PRIMARY

£2.60 PER DAY

Served weeks commencing:

6th MAY 2024

## MONDAY

### MAIN COURSES

**SCHOOL  
CLOSED**

### SIDES

### DESSERT

## TUESDAY

### MAIN COURSES

Chicken Curry & Naan Bread

OR

BBQ Pulled Pork Wrap

### SIDES

Sweetcorn  
Diced Carrots

And

Boiled Rice  
Oven Roasted Garlic &  
Paprika Wedges

### DESSERT

Summer Fruit Cheesecake  
Piece of Fruit

## WEDNESDAY

### MAIN COURSES

Breaded Fish Fillet  
Lemon Mayo

Beef Lasagne & Garlic Bread

### SIDES

Garden Peas  
Coleslaw/ Salad

And

Mashed Potato  
White Bread

### DESSERT

Summer Fruit Sponge &  
Custard, Honeydew Melon

## THURSDAY

### MAIN COURSES

Roast Chicken, Stuffing &  
Gravy

Or

Penne Pasta & Tomato  
Sauce

### SIDES

Savoy Cabbage  
Baton Carrots

And

Mashed Potatoes  
Oven Roast Potatoes  
Wholemeal Bread

### DESSERT

Fresh Yoghurt & Fresh Fruit  
Salad

## FRIDAY

### MAIN COURSES

Beef Burger in Bap or  
Bean Burger in Bap with  
Cheese, Mayo or Ketchup  
Or

Salt & Chilli Chicken Wrap  
Rice & Salad

### SIDES

Mini Corn on the Cob  
Pasta Salad

And

Chipped Potato  
Steamed Rice

### DESSERT

Lemon Shortbread  
Melon Wedge

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY