# EAT SMART WITH THE LUNCH BUNGH

ea catering
WEEK ONE

BALLYKEEL NURSERY £2.50 PER DAY

Served weeks commencing: 13<sup>th</sup> May 2024

# **TUESDAY**

# **WEDNESDAY**

# **THURSDAY**

# **FRIDAY**

# **MAIN COURSES**

Beef bolognaise Grated Cheese

# **SIDES**

Sweetcorn & Peppers Broccoli

And

Pasta Spirals Mashed Potato Garlic Bread

### **DESSERT**

**Chocolate Orange Cookie Fresh Orange Wedges** 

# **MAIN COURSES**

Breaded Fish Fillet Lemon Mayonnaise

### **SIDES**

Garden Peas Baked Beans

And

**Chipped Potatoes Crusty Bread** 

### **DESSERT**

Raspberry Jelly & Two Fruits

## **MAIN COURSES**

**Chicken Curry & Naan Bread** 

# **SIDES**

Diced Carrots & Green Beans

And

**Steamed Rice** 

# DESSERT

Lemon Sponge & Custard Sliced Apples

# **MAIN COURSES**

Roast Gammon
Stuffing & Gravy

# **SIDES**

Carrot & Parsnip
Cauliflower Cheese

And

Mashed Potato
Oven Roast Potato

# **DESSERT**

Pineapple Delight Fresh Watermelon Wedges

# **MAIN COURSES**

Hot Dog or Veggie Dog Tomato Ketchup

# **SIDES**

Spaghetti Hoops Mini Corn on the Cob

And

**Chipped Potatoes Mashed Potatoes** 

### **DESSERT**

Ice-Cream, Raspberry Sauce Mandarin Oranges



# EAT SMART WITH THE LUNCH BUNGH

ea catering

# **WEEK TWO**

BALLYKEEL NURSERY £2.50 PER DAY

Served weeks commencing: 20<sup>th</sup> May 2024

# **TUESDAY**

# WEDNESDAY

# **THURSDAY**

# **FRIDAY**

**MAIN COURSES** 

**Golden Crumbed Fish Fingers** 

**SIDES** 

**Baked Beans Garden Peas** 

And

Chipped Potatoes Baked Potato Wholemeal bread

**DESSERT** 

Homemade Flakemeal Biscuit Fresh Fruit Selection

**MAIN COURSES** 

Beef Ragu Italia Grated Cheese

**SIDES** 

Sweetcorn & Peppers Coleslaw

And

Penne Pasta Salad Garlic Bread

**DESSERT** 

Mandarin Orange Sponge Custard & Sliced Apples

**MAIN COURSES** 

**Chicken Curry & Naan Bread** 

**SIDES** 

Garden Peas Baton Carrots

And

Boiled Rice Naan Bread

**DESSERT** 

**Artic Roll & Peach Slices** 

MAIN COURSES

Roast Loin of Pork
Stuffing & Gravy

SIDES

Sweetcorn & Peppers Coleslaw

And

Penne Pasta Salad Garlic Bread

**DESSERT** 

Homemade Brownie & Orange Wedge

**MAIN COURSES** 

Chicken Goujons & Sweet Chilli Dip

SIDES

Spaghetti Hoops Sweetcorn

And

**Chipped Potatoes Sliced Ciabatta** 

DESSERT

Muffin & fresh Pineapple Chunks



# ea catering **EAT SMART WITH B**ALLYKEEL NURSERY Served week commencing:

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

27th May 2024

**WEEK THREE** 

£2.50 PER DAY

**MAIN COURSES** 

**SCHOOL CLOSED** 

**MAIN COURSES** 

**SCHOOL CLOSED** 

**MAIN COURSES** 

**SCHOOL CLOSED** 

**MAIN COURSES** 

Homemade Pepperoni Pizza

**SIDES** 

**Garden Peas** 

And

**Potato Wedges Garlic Bread** 

**DESSERT** 

**Summer Fruit Cheesecake** 

**MAIN COURSES** 

School "Chippy Day" **Chicken Goujon & Sausage** 

**SIDES** 

**Baked Beans Garden Peas** 

And

**Chipped Potatoes Baked Potato** White Bread

**DESSERT** 

**Frozen Fruit Yoghurt Fresh Fruit Selection** 



# **EAT SMART WITH**

WEDNESDAY

ea catering

**WEEK FOUR** 

**BALLYKEEL NURSERY** £2.50 PER DAY

Served week commencing: 3<sup>rd</sup> June 2024

**FRIDAY** 

# **MONDAY**

# **MAIN COURSES**

**Baked Pork Sausages &** Gravy

**SIDES** 

**Baked Beans Garden Peas** 

**Chipped Potatoes Baked Potato** Wholemeal Bread

**DESSERT** 

Ice-Cream & Fruit Sauce with **Two Fruits** 

# **TUESDAY**

**MAIN COURSES** 

**Breaded Fish Fillet** 

**Sweetcorn & Diced Carrots** 

**Chicken Curry & Naan Bread** 

**SIDES** 

**Boiled Rice Naan Bread** 

# **DESSERT**

**Jaffa Cake Pots Mandarins Oranges** 

# **MAIN COURSES**

Lemon Mayo

## **SIDES**

**Garden Peas** Coleslaw/Salad

**Mashed Potato Crusty Bread** 

### **DESSERT**

**Summer Fruit Sponge, Custard** & Honeydew Melon

# **MAIN COURSES**

Roast Chicken, Stuffing & Gravy

**THURSDAY** 

## **SIDES**

**Savoy Cabbage Baton Carrots** 

**Mashed Potato** Oven Roast Potato White Bread

### **DESSERT**

**Fresh Yogurt** Fresh Fruit Salad

# **MAIN COURSES**

Beef Burger in Bap with Cheese & Ketchup

**SIDES** 

**Pasta Salad** 

**Chipped Potatoes** 

### **DESSERT**

Lemon Shortbread **Melon Wedge**