



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE
BALLYKEEL PRIMARY
£2.60 PER DAY

Served week commencing:
13th MAY 2024

MONDAY

MAIN COURSES

Beef Bolognaise
Grated Cheese

Or

Chicken Goujon Wrap
Choice of Dip

SIDES

Sweetcorn & Peppers
Fresh Broccoli

Penne Pasta
Mashed Potato
Garlic bread

DESSERT

Chocolate & Orange Cookie
Fresh Orange Wedge

TUESDAY

MAIN COURSES

Breaded Fish Fillet
Lemon Mayo

Or

Homemade Margherita Pizza

SIDES

Garden Peas
Baked Beans

And

Chipped Potatoes
Baked Potato
Crusty Bread

DESSERT

Raspberry Jelly
Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Chinese-style Beef &
Vegetables

SIDES

Diced Carrots &
Green Beans

And

Noodles
Steamed Rice
Naan Bread

DESSERT

Lemon Sponge & Custard
Sliced Apples

THURSDAY

MAIN COURSES

Roast Gammon
Stuffing & Gravy

Or

Salmon & Creamy Tomato
Pasta

SIDES

Carrot & Parsnip
Cauliflower Cheese

And

Mashed Potatoes
Oven Roast Potato
White Bread

DESSERT

Pineapple Delight
Fresh Watermelon Wedges

FRIDAY

MAIN COURSES

Hot Dog / Veggie Dog
Tomato Ketchup

Or

Chicken & Summer Veg Pie

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And

Chipped Potatoes
Mashed Potatoes
Wholemeal Bread

DESSERT

Ice-Cream , Raspberry Sauce
Mandarin Oranges



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE
BALLYKEEL PRIMARY
£2.60 PER DAY

Served week commencing:
20th MAY 2024

MONDAY

MAIN COURSES

Golden Crumbed fish fingers

Or

Freshly Baked Ham and
Cheese Panini

SIDES

Baked beans
Garden Peas

And
Chipped Potatoes
Baked Potato

DESSERT

Homemade Flakemeal Biscuit
Fresh Fruit Selection

TUESDAY

MAIN COURSES

Beef Ragu Italia
Grated Cheese

Or

Homemade Pepperoni Pizza
Homemade Margherita Pizza

SIDES

Sweetcorn & Peppers
Coleslaw/Salad

And
Oven Roasted Potato Wedges
Garlic Bread

DESSERT

Mandarin Orange Sponge
Custard & Sliced Apple

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Baked Pork Sausages and
gravy

SIDES

Garden peas
Baton Carrots

And
Boiled Rice
Mashed potato Naan
Bread/White bread

DESSERT

Artic Roll & Peaches

THURSDAY

MAIN COURSES

Roast Loin of Pork
Stuffing & Gravy

Or

Quorn Dippers

SIDES

Broccoli, carrot and
cauliflower

And
Mashed Potato
Roast Potato
Wholemeal Bread

DESSERT

Homemade Brownie &
Orange Wedge

FRIDAY

MAIN COURSES

Chicken Goujons & Sweet
Chilli Dip

Or

Chicken & Summer Veg Pie

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And
Chipped Potatoes
Sliced Ciabatta

DESSERT

Muffin & Fresh Pineapple
Chunks



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK THREE

BALLYKEEL PRIMARY

£2.60 PER DAY

Served weeks commencing:
27th MAY 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**SCHOOL
CLOSED**

**SCHOOL
CLOSED**

**SCHOOL
CLOSED**

MAIN COURSES

Homemade Pepperoni Pizza
Homemade Margherita Pizza

Or

Savory Mince

SIDES

Garden Peas

And

Oven Baked Wedges
Mash Potatoes
Garlic Bread

DESSERT

Summer Fruit Cheesecake
Summer Fruit Salad

MAIN COURSES

School "CHIPPY DAY"
Chicken Goujon & Sausage

Or

Baked Potato with Cheese

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
White Bread

DESSERT

Frozen Fruit Yogurt
Fresh Fruit Selection

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK FOUR

BALLYKEEL PRIMARY

£2.60 PER DAY

Served weeks commencing:

3rd JUNE 2024

MONDAY

MAIN COURSES

Pork Sausages & Gravy

OR

Jerk Chicken & Caribbean
Rice with Flatbread

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
Baked Potato

DESSERT

Ice-Cream Tub & Two Fruits

TUESDAY

MAIN COURSES

Chicken Curry & Naan Bread

OR

BBQ Pulled Pork Wrap

SIDES

Sweetcorn
Diced Carrots

And

Boiled Rice
Oven Roasted Garlic &
Paprika Wedges

DESSERT

Jaffa Pots
Mandarin Oranges

WEDNESDAY

MAIN COURSES

Breaded Fish Fillet
Lemon Mayo

OR

Beef Lasagne & Garlic Bread

SIDES

Garden Peas
Coleslaw/ Salad

And

Mashed Potato
White Bread

DESSERT

Summer Fruit Sponge &
Custard, Honeydew Melon

THURSDAY

MAIN COURSES

Roast Chicken, Stuffing &
Gravy

OR

Penne Pasta & Tomato
Sauce

SIDES

Savoy Cabbage
Baton Carrots

And

Mashed Potatoes
Oven Roast Potatoes
Wholemeal Bread

DESSERT

Fresh Yoghurt & Fresh Fruit
Salad

FRIDAY

MAIN COURSES

Beef Burger in Bap or
Bean Burger in Bap with
Cheese, Mayo or Ketchup

OR

Salt & Chilli Chicken Wrap
Rice & Salad

SIDES

Mini Corn on the Cob
Pasta Salad

And

Chipped Potato
Steamed Rice

DESSERT

Lemon Shortbread
Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY