

EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE

BALLYKEEL PRIMARY £2.60 PER DAY

Served week commencing: 10th JUNE 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSES

Beef Bolognaise Grated Cheese

Or

Chicken Goujon Wrap Choice of Dip

SIDES

Sweetcorn & Peppers Fresh Broccoli

And

Penne Pasta Mashed Potato Garlic bread

DESSERT

Chocolate & Orange Cookie Fresh Orange Wedge

MAIN COURSES

Breaded Fish Fillet Lemon Mayo

Or

Homemade Margherita Pizza

SIDES

Garden Peas Baked Beans

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Chipped Potatoes Baked Potato Crusty Bread

DESSERT

Raspberry Jelly Two Fruits

MAIN COURSES

Chicken Curry & Naan Bread

Or

Chinese-style Beef & Vegetables

SIDES

Diced Carrots & Green Beans

And

Noodles Steamed Rice Naan Bread

DESSERT

Lemon Sponge & Custard Sliced Apples

MAIN COURSES

Roast Gammon Stuffing & Gravy

Or

Salmon & Creamy Tomato
Pasta

SIDES

Carrot & Parsnip
Cauliflower Cheese

An

Mashed Potatoes Oven Roast Potato White Bread

DESSERT

Pineapple Delight Fresh Watermelon Wedges

MAIN COURSES

Hot Dog / Veggie Dog Tomato Ketchup

Or

Chicken & Summer Veg Pie

SIDES

Spaghetti Hoops Mini Corn on the Cob

And

Chipped Potatoes Mashed Potatoes Wholemeal Bread

DESSERT

Ice-Cream , Raspberry Sauce Mandarin Oranges

EAT SMART WITH THE LUNCH BUNGE

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WEEK TWO

BALLYKEEL PRIMARY £2.60 PER DAY

Served week commencing: 17th JUNE 2024

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSES

Golden Crumbed Fish Fingers

Or

Freshly Baked Ham and Cheese Panini

SIDES

Baked Beans Garden Peas

And

Chipped Potatoes Baked Potato Wholemeal Bread

DESSERT

Homemade Flakemeal Biscuit Fresh Fruit Selection

MAIN COURSES

Beef Ragu Italia Grated Cheese

Or

Homemade Pepperoni Pizza Homemade Margherita Pizza

SIDES

Sweetcorn & Peppers Coleslaw/Salad

And

Oven Roasted Potato Wedges Garlic Bread

DESSERT

Mandarin Orange Sponge Custard & Sliced Apple

MAIN COURSES

Chicken Curry & Naan Bread

Or

Baked Pork Sausages and Gravy

SIDES

Garden peas
Baton Carrots

And

Boiled Rice Mashed Potato Naan Bread/White bread

DESSERT

Artic Roll & Peaches

MAIN COURSES

Roast Loin of Pork Stuffing & Gravy

Or

Quorn Dippers

SIDES

Fresh Broccoli Florets
Baton Carrots & Turnip

An

Mashed Potato
Oven Roast Potatoes
Wholemeal Bread

DESSERT

Homemade Brownie & Orange Wedge

MAIN COURSES

SUMMER BBQ

HOT DOG
Or
VEGGIE DOG

SIDES

CHIPS OR
POTATO WEDGES
TOMATO KETCHUP
CARROT STICKS

DESSERT

CHOC ICE FRESH FRUIT SELECTION CARTON OF APPLE JUICE



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BALLYKEEL PRIMARY £2.60 PER DAY

Served weeks commencing: 24th IUNF 2024

FRIDAY

MONDAY

MAIN COURSES

Golden Crumbed Fish Goujons

Or

Creamy Chicken & Broccoli Pasta with Garlic Bread

SIDES

Sweetcorn & Peppers

Chipped Potatoes Baked Potato White Bread

DESSERT

Ice-Cream, Pears and **Chocolate Sauce**

MAIN COURSES

Homemade Pepperoni Pizza **Homemade Margherita Pizza**

TUESDAY

Or

Savory Mince Or Cottage Pie

SIDES

Garden Peas

Oven Baked Wedges Mashed Potatoes **Garlic Bread or Sliced** Baguette

DESSERT

Chocolate Chip Cookie Fresh Fruit

MAIN COURSES

Chicken Curry & Naan Bread

WEDNESDAY

Or

Beef Meatballs with Tomato & Basil Sauce

SIDES

Baton Carrots

Steamed Rice **Penne Pasta** Naan Bread/Ciabatta

DESSERT

Golden Pop & Custard Sliced Apples

MAIN COURSES

PARTY BOX

THURSDAY

COCKTAIL SAUSAGES CHICKEN NUGGETS FRENCH FRIES TOMATO KETCHUP #

CHOCICE FRESH FRUIT CARTON OF FRESH APPLE JUICE

MAIN COURSES

NO BREAKFAST CLUB # **NO SCHOOL DINNER** # **CANTEEN CLOSED**

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY



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WEEK FOUR

BALLYKEEL PRIMARY £2.60 PER DAY

Served weeks commencing: 2024

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSES

MAIN COURSES

MAIN COURSES

MAIN COURSES

MAIN COURSES