



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK ONE
BALLYKEEL NURSERY
£2.50 PER DAY
Served weeks commencing:
30th SEPTEMBER 2024

MONDAY

MAIN COURSES

Beef bolognaise
Grated Cheese

SIDES

Sweetcorn & Peppers
Broccoli

And

Pasta Spirals
Mashed Potato
Garlic Bread

DESSERT

Chocolate Orange Cookie
Fresh Orange Wedges

TUESDAY

MAIN COURSES

Breaded Fish Fillet
Lemon Mayonnaise

SIDES

Garden Peas
Baked Beans

And

Chipped Potatoes
Crusty Bread

DESSERT

Raspberry Jelly &
Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

SIDES

Diced Carrots &
Green Beans

And

Steamed Rice

DESSERT

Lemon Sponge & Custard
Sliced Apples

THURSDAY

MAIN COURSES

Roast Gammon
Stuffing & Gravy

SIDES

Carrot & Parsnip
Cauliflower Cheese

And

Mashed Potato
Oven Roast Potato

DESSERT

Pineapple Delight
Fresh Watermelon Wedges

FRIDAY

MAIN COURSES

Hot Dog or Veggie Dog
Tomato Ketchup

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And

Chipped Potatoes
Mashed Potatoes

DESSERT

Ice-Cream, Raspberry Sauce
Mandarin Oranges

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY