



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK THREE

BALYKEEL PRIMARY

week commencing:

21st October 2024

£2.60 per day

MONDAY

MAIN COURSES

Homemade Ham & Cheese
Pizza

Or

Home-Baked Chicken Crumble

SIDES

Spaghetti Hoops /
Mini Corn-on-the-Cob

And

Roast Potato Wedges
Mashed Potatoes

DESSERT

Vanilla Ice-Cream
with Pear Slices &
Hot Chocolate Sauce

TUESDAY

MAIN COURSES

Beef Bolognaise

Or

Roast Chicken and Gravy

SIDES

Cauliflower Cheese / Steamed
Broccoli

And

Mashed Potato /
Pasta

DESSERT

Apple Sponge with Custard

WEDNESDAY

MAIN COURSES

"Lunch Bunch" Chicken
Curry & Naan Bread

Or

Oven-Baked Breaded Whiting

SIDES

Garden Peas / Roast
Butternut Squash

And

Chipped Potato / Boiled Rice

DESSERT

Frozen Smoothie

THURSDAY

MAIN COURSES

Roast Beef,
Yorkshire Pudding & Gravy

Or

Salmon Fish Fingers
& Lemon Mayonnaise

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato

DESSERT

Chocolate Cracknel & Custard

FRIDAY

MAIN COURSES

FRANKENSTEIN'S FINGERS

(Hotdogs)

DRACULA'S DROOL

(Tomato Ketchup)

Or

MUMMY'S WRAP

Beef Burrito

SIDES

SLIMY SLAW

(Coleslaw)

BUBBLING BREW

(Baked Beans)

And

WITCHES BROOM STICKS
& BONES

(Chipped Potatoes
& Pasta Salad)

DESSERT

SPOOKIE COOKIE

& Fresh Fruit Pot

MILK
FRESH

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY

VS OR