



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK THREE

BALLYKEEL NURSERY

week commencing:

21st October 2024

£2.50 per day

MONDAY

MAIN COURSES

Homemade Ham & Cheese
Pizza

SIDES

Spaghetti Hoops /
Mini Corn-on-the-Cob

And

Roast Potato Wedges /
Mashed Potatoes
Crusty Bread

DESSERT

Vanilla Ice-Cream
with Pear Slices & Hot
Chocolate Sauce

TUESDAY

MAIN COURSES

Beef Bolognaise

SIDES

Cauliflower Cheese /
Steamed Broccoli

And

Mashed Potato /
Pasta
Garlic Bread

DESSERT

Apple Sponge with Custard

WEDNESDAY

MAIN COURSES

"Lunch Bunch" Chicken Curry
& Naan Bread

SIDES

Garden Peas / Roast
Butternut Squash

And

Chipped Potato / Boiled Rice

DESSERT

Frozen Smoothie

THURSDAY

MAIN COURSES

Roast Beef,
Yorkshire Pudding & Gravy

Or

Salmon Fish Fingers
& Lemon Mayonnaise

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato
Wholemeal Bread

DESSERT

Chocolate Cracknel & Custard

FRIDAY

MAIN COURSES

FRANKENSTEINS FINGERS
(Hotdog)

DRACULAS DROOL
(& Tomato Ketchup)

SIDES

SLIMY SLAW
(Coleslaw)

BUBBLING BREW
(Baked Beans)
And

WITCHES BROOMSTICKS
&BONES
(Chipped Potatoes &
Pasta Salad)

DESSERT

SPOOKIE COOKIE
& Fresh Fruit Pot

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY