



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK TWO

BALLYKEEL PRIMARY

Week commencing

11th November 2024

£2.60 per day

MONDAY

MAIN COURSES

Fish Finger "Seadog"
served in a finger roll

Or

Beef Lasagne & Coleslaw
Garlic Bread

SIDES

Marrowfat Peas /
Baked Beans

And

Chipped Potato /
Baby Potato

DESSERT

Apple & Pear Crumble
with Custard &
Apple Slices

TUESDAY

MAIN COURSES

Savoury Beef Mince

Or

Homemade Margherita
Pizza

SIDES

Sweetcorn /
Baton Carrots

And

Oven-baked Cubed Potato /
Mashed Potato
Crusty Bread

DESSERT

Arctic Roll
& Winter Berry Sauce
Watermelon Wedge

WEDNESDAY

MAIN COURSES

Oven-Baked Pork Sausages

Or

Peppered Chicken

SIDES

Mini Corn-on-the-Cob /
Garden Peas

And

Mashed Potato /
Boiled Rice
Wholemeal Bread

DESSERT

Home-baked Jam & Coconut
Sponge & Custard
Fresh Orange wedges

THURSDAY

MAIN COURSES

Roast Gammon,
Stuffing & Gravy

Or

Creamy Mac 'n' Cheese
with Garlic Bread

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato
White Bread

DESSERT

Chocolate Rice Krispie Square
Fresh Fruit Selection

FRIDAY

MAIN COURSES

Crispy Baked Chicken Burger &
Bap

Or

Tuna Mayo Deli Roll

SIDES

Spaghetti Hoops /
Asian Slaw

And

Chipped Potato /
Baked Potato

DESSERT

Raspberry Jelly
& Peach Slices