



# EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK TWO

BALLYKEEL NURSERY

week commencing:

6<sup>th</sup> January 2025

£2.50 per day

## MONDAY

### MAIN COURSES

Fish Finger "Seadog"  
served in a finger roll

### SIDES

Marrowfat Peas /  
Baked Beans

And

Chipped Potato /  
Baby Potato

### DESSERT

Apple & Pear Crumble  
with Custard

## TUESDAY

### MAIN COURSES

Savoury Beef Mince  
& Crusty Bread

### SIDES

Sweetcorn /  
Baton Carrots

And

Oven-baked Cubed Potato /  
Mashed Potato

### DESSERT

Arctic Roll  
& Winter Berry Sauce

## WEDNESDAY

### MAIN COURSES

Oven Baked Pork Sausages

### SIDES

Mini Corn-on-the-Cob /  
Garden Peas

And

Mashed Potato /  
Boiled Rice  
Wholemeal Bread

### DESSERT

Home-baked Jam & Coconut  
Sponge & Custard

## THURSDAY

### MAIN COURSES

Roast Gammon,  
Stuffing & Gravy

### SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /  
Oven Roast Potato  
White Bread

### DESSERT

Chocolate Rice Krispie  
Square

## FRIDAY

### MAIN COURSES

Crispy Baked Chicken  
Burger & Bap

### SIDES

Spaghetti Hoops /  
Asian Slaw

And

Chipped Potato /  
Baked Potato

### DESSERT

Raspberry Jelly  
& Peach Slices

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY