# EAT SMART WITH THE LUNG!



Week Beginning: 24<sup>th</sup> February, 24<sup>th</sup> March, 21<sup>st</sup> April, 19<sup>th</sup> May, 16<sup>th</sup> June.

8<sup>th</sup> September

# Week Two Nursery



# Monday

### Mains

Golden Crumbed Fish Fingers & Mayo Dip

### Side Dishes

Garden Peas & Baked Beans Mashed Potato

### Dessert

Homebaked Chocolate & Raspberry Brownie

# Tuesday

### Mains

Homemade Beef Lasagne with Garlic Bread Slice

### Side Dishes

Baton Carrots & Broccoli Chipped Potato

### Dessert

Assorted Yoghurt Pots & Fresh Fruit Salad

# Wednesday

### Mains

Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread

### Side Dishes

Sweetcorn
Steamed Fluffy Rice
Dessert

Caramel Apple Crumble & Custard

# Thursday

### Mains

Cook's Roast Turkey with Stuffing & Gravy

### Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

### Dessert

Ice Cream with Two Fruits

# **Take 5 Summer BBQ**



### Mains



Cheeseburger with Burger Sauce in Bap

## Side Dishes

Mini Corn on the Cob with Chipped Potatoes

# Dessert

Ice-Cream Tub
Carton of Apple Juice
Orange Slice



