



Active School Travel Advice



At Money Nick Primary School, we are proud participants in the Active School Travel programme, delivered in partnership with Sustrans, a leading active travel charity. We have already achieved our Silver School Award and, with your support, we are striving towards Gold!

Our aim is to make our school and its surrounding area a safer, cleaner, and healthier place. By choosing active travel options—walking, cycling, scooting—families can reduce traffic, improve wellbeing, and support a healthier lifestyle for our pupils.

Why Choose Active Travel?

Mental Wellbeing: Enjoy conversations and quality time with your child on the way to school.

Physical Activity: Build daily exercise into your routine without needing extra time.

Road Safety: Teach children valuable life skills about safety and independence.

Social Connections: Walking or cycling with friends helps build community spirit.

Environmental Benefits: Reduce car use, cut emissions, and improve local air quality.

Cost Savings: Save money on fuel while earning plenty of 'fresh air miles.'



Our Active Travel Champions, together with pupil Sustrans Monitors, organise a variety of activities to inspire healthy travel choices. These include cycle training, the Daily Mile, walk-to-school initiatives, trikes for younger pupils, and much more. Together, we are building healthy habits for life.

Tips for Journey Planning

- Practice the school journey together to find the safest and most convenient route.
- Try a 'Park & Stride'—park a short distance away and walk the rest of the way.
- Scooters are easy to carry and store—make it fun with a 'Park & Scoot.'
- Check helmets, reflectors, and bells for safe cycling and scooting.
- Plan for the weather—coats, gloves, umbrellas or suncream may be needed.
- Bright or reflective clothing makes us more visible on darker days.
- Make it fun!

Thank you for supporting Money Nick Primary School on our journey towards Gold!