

13/03/2020



During this worrying time, a number of our community are self-isolating. These are the more vulnerable of our society, therefore we are asking for your help,

Do you know someone in our parish/community who will be confined to their home and need help? It may be something as basic as the collection of groceries/medications.

Are you able to help us provide this service to those very much in need at the moment?

If you are able to provide information or names of those in need or be able to aide us in reaching them, please get in contact and leave your name, number and details with the Tidal office by:

Phone: 07743575969

Email: unaj102@hotmail.co.uk

Post box outside Tidal office: Toome House, 55 Main Street, Toome

Many thanks for your help and co-operation.