

# Eastern Primary School

## Key Stage 2 Sports Day

Venue: Wood St Playing Field

Date: Wednesday 5<sup>th</sup> July

Time: 1.15 p.m. Start



# Events

## Sprints

Year 3 Sprint Heats (Girls) **50m**

Year 3 Sprint Heats (Boys)

**At Same Time**  
**Javelin Y5/6 Girls**

Year 4 Sprint Heats (Girls) **60m**

Year 4 Sprint Heats (Boys)

Year 5 Sprint Heats (Girls) **70m**

Year 5 Sprint Heats (Boys)

**At Same Time**  
**Javelin Y3/4 Boys**

Year 6 Sprint Heats (Girls) **80m**

Year 6 Sprint Heats (Boys)

**NB: 6 finalists through for each age/gender group!**

## Hurdles

Year 3 (Girls)

Year 3 (Boys)

**At Same Time**  
**Javelin Y5/6 Boys**

Year 4 (Girls)

Year 4 (Boys)

Year 5 (Girls)

Year 5 (Boys)

**At Same Time**  
**Javelin Y3/4 Girls**

Year 6 (Girls)

Year 6 (Boys)

**NB: 2 athletes per house per year group for hurdles, 2 athletes per house for Javelin!**

## **Sack Race**

Year 3 Sack Race (Girls)

Year 3 Sack Race (Boys)

Year 4 Sack Race (Girls)

Year 4 Sack Race (Boys)

Year 5 Sack Race (Girls)

Year 5 Sack Race (Boys)

Year 6 Sack Race (Girls)

Year 6 Sack Race (Boys)

**At Same Time:**

**Year 5/6 (Girls) Standing  
Triple Jump**

**At Same Time:**

**Year 3/4 (Boys) Standing  
Triple Jump**

**NB: 1 athlete per house for sack race, 2 athletes per house for triple jump!**

**Javelin Throws x3      Triple Jumps x3**

## **Mum's and Dad's Sprint Races!**

Year 3 Sprint Finals

Year 4 Sprint Finals

Year 5 Sprint Finals

Year 6 Sprint Finals

**NB: Girls races to be concluded first then boys!**

## **Long Distance Race**

Year 3/4 250m (Girls)

Year 3/4 250m (Boys)

Year 5/6 300m (Girls)

Year 5/6 300m (Boys)

**At Same Time:**

**Year 5/6 (Boys) Standing  
Triple Jump**

**At Same Time:**

**Year 3/4 (Girls) Standing Triple Jump**

## Mixed Relays

Year 3/4 Mixed Relay

4 Girls and 4 Boys

Year 5/6 Mixed Relay

4 Girls and 4 Boys

**NB: If possible, try and get each child to participate in at least three events. There will be a sprint, long distance and one other!**

## Notes: